

# Testosterone Replacement Therapy (TRT) in Cleveland, OH | Advanced Age Management Men's Clinic

As your body ages, it naturally begins to slow down its production of testosterone. This is completely normal.

Hormones fluctuate and low testosterone is a customary part of a man's aging process. Uncommon drops in testosterone can happen, typically in men over the age of 35. This can affect your weight, your mental focus, your mood as well as your sex drive.

Advanced Age Management men's clinic in Cleveland, OH is here to help!

## What are the Symptoms of Low Testosterone in Males?

As you age, your body will begin to display subtle or, quite possibly, obvious hints that your testosterone may be decreasing.

What are these hints?

- Energy Loss
- Increase Abdominal Body Fat
- Muscle Loss
- Poor Sexual Function
- Decreased Exercise
- Brain Fog
- More Irritability
- Sleep Loss
- Slower Healing and Metabolism

Listen to your body. Men over the age of 35 are at a higher risk of developing these decreasing testosterone levels.

## How Can Testosterone Replacement Therapy (TRT) Help You?

Testosterone replacement therapy (TRT) restores your body's ability to regulate the hormones needed to maintain your energy, balance your weight, and sustain mental clarity as you age.

### What are the Benefits of TRT?

- Higher Sex Drive
- Better Moods
- More Restful Sleep
- Changes in Muscle Mass
- Better Distribution of Body Weight
- Increases Bone Density
- Lowers your risk of heart disease

### How is It Administered?

There are multiple methods of TRT treatment. The medical team at Advanced Age Management will help you decide which therapy method is right for you. The most common treatment is through injection therapy administered by a doctor.

Other methods include:

- Skin patches
- Rub-in gels
- Lotions
- Medication

## How Much will TRT Cost?

Along with accepting Health Savings accounts and Flexible Spending accounts, we also partner with CareCredit®. CareCredit® is a line of credit tailored specifically for medical procedures including everything from cosmetic surgery to wellness visits.

We also accept cash as well as all major credit cards.

## Get TRT Treatment at Advanced Age Management Men's Clinic in Cleveland, OH

Advanced Age Management men's clinic in Cleveland, OH primarily focuses on helping men rebuild their testosterone levels. The team also provides therapy and other treatments in Medina, Akron, and the surrounding areas in Ohio.

Dr. John Kocka, M.D. received his certification in Family Medicine at the Cleveland Clinic with special training in Preventative and Sports Medicine.

He is also board-certified in Age Management at the American Academy of Anti-Aging Medicine, Age Management Medical Group, and physician-certified by the Cenegenics Medical Institute.

## Our Promise

We understand that your visit to our clinic is very important. We are committed to your health, wellness, quality of life, and most importantly, your privacy. Dr. Kocka believes in providing personalized attention to each patient.

With many years of experience, Dr. Kocka pinpoints your exact needs and assesses the best therapy treatment options for you. He will sit down with you and develop a personalized plan to help get your testosterone back on track.

## We Support Our City

The city of Cleveland is located in north Ohio right on the banks of Lake Erie. As the nation's 52<sup>nd</sup> largest city, Cleveland is also home to the Rock & Roll Hall of Fame. With a population of 383,000, residents and visitors enjoy a small-town vibe as well as having access to all of the big city events.

With the NFL, MLB, and NBA calling downtown their home, Cleveland is a mecca for major sporting events. You can catch a Browns game in the fall, Cavaliers in the spring, and end your summer with the Indians.

Cleveland offers its residents and tourists an array of museums, local eateries, water sports, and many other fine attractions.

Advanced Age Management supports local Cleveland businesses and welcomes men and women of all ages into their clinic.

## Schedule Your Consultation Today

Visit us at [www.lowtohio.com](http://www.lowtohio.com) and schedule your initial private same-day consultation.

Dr. Kocka will provide you with a personalized assessment of your hormone levels, nutrition habits, sleep patterns as well as your daily exercise routine.

All of us here at Advanced Age Management are committed to helping you regain control of your body!

***It's time to make your move! Get your free Low T assessment today – call us at (330) 439-6591 or [request an appointment online](#).***

### **Meta Information**

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