

Connecting You to High Quality Online Health Literacy Resources

Teachers, health professionals and students deserve qualified, credible and truthful information when it comes to [learning the facts online](#) about health literacy.

Finding an online platform for all of your health literacy essentials requires connecting with other health professionals, community advocates, students and educators.

Why are health literacy connections important in the classroom and online?

The Importance of Health Literacy

Health education teaches students health and wellness skills, as well as how to promote those skills within their own community.

The Centers for Disease Control and Prevention (CDC) [offers research and data](#) to develop health and safety processes for students and teachers. Doctors and health organizations provide health information accessible to patients via portals.

Resources, webinars, virtual events and forums are all available through the internet, and offer an array of [health and safety awareness tools](#).

Tips to Teaching Effective Health Literacy to Students and Teachers

Utilize community resources and online forums to effectively teach and promote health literacy online and in the classroom. Provide these resources to students and promote healthy living and safety measures lasting them a lifetime.

Here are a few tips to implement in your health literacy plan:

1. Involve the Community

Introduce community partners to your students when teaching health literacy online or in the classroom.

Community partners include:

- Doctors
- Emergency Personnel
- Health Literacy Specialists
- Fitness Instructors
- School Nutrition Counselors

2. Use Age-Appropriate Activities

Utilize online resources such as websites, podcasts, webinars and apps to encourage students of all ages to listen and learn.

Here are a few online tools to consider:

- Events and Conferences

- Webinars/Activities
- Discussions/Forums
- Diverse Language Resources
- Age Related Apps

Age appropriate content should be used to help students grasp the right amount of information.

3. Include Policies, Ethics and Diversity

Privacy, quality of information and public diversity create effective lines of communication between the student and the teacher.

Here are a few key aspects to consider when searching for online health literacy resources:

- Qualitative information
- Medical Expert Content
- Accessibility for Diverse Cultures
- Privacy Statements and Processes

Health literacy should be accessible and relatable to everyone.

Open Their Minds with the Facts

Research shows that when people are asked to decipher [real vs. fake information](#), they typically choose without identifying credibility.

Here are a few guidelines to use when qualifying your online resources:

- **Relate the Facts:** Communicate qualified and verified information from credible websites. [False information circulates](#) the internet and should be avoided.
- **Use the Proper Resources:** There are many different informative medical journals, health directories, and portals on the internet. Make sure that your education materials stem from truthful information and not “fake” sources.
- **Rely on Professional Advice:** Steer away from inaccurate social media posts or articles. Instead, guide your research with information from health professionals who have dedicated years of education to the medical field.

Make sure your [online sources](#) provide credible information based on professional facts.

Providing a Forum for Health Literacy Conversations

The Health Literacy Solutions Center offers many diverse resources to help educators and health professionals teach health literacy in schools and online.

We provide credible, age appropriate and exciting health and safety materials for students, teachers and community leaders.

Join other students and professionals in topic-specific discussions at www.healthliteracysolutions.org.

[Sign up for a free account](#) with [The Health Literacy Solutions Center forum](#), and [discuss health literacy with other professionals](#).

Meta Information

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