

THE BOLIVIAN INDIGENOUS WOMEN BREAKING GLASS CEILINGS

High up on the summit of Aconcagua, Argentina stand five women — at 22,808 feet, it's the highest point in the Western and Southern hemispheres. While this initially wouldn't require more than a brief acknowledgment of achievement, these five pioneering women have achieved far more than scaling a single mountain.

All five of them are Bolivian Aymara indigenous women, who, until now, were primarily caretakers for mountaineering men, working at high camps for years before they decided to don the gear and make the trek themselves.

Check out these inspiring photos of these spunky women who are breaking glass ceilings.

Photography: Todd Antony



The word "chola" in Spanish is typically considered derogatory, but these women have chosen to claim it back and wear it proudly, opting to call themselves the "Climbing Cholitas" — acting as a symbol of women empowerment.



Climbing in their traditional dress, called polleras, they prove that women are just as capable as men while retaining important parts of their heritage.

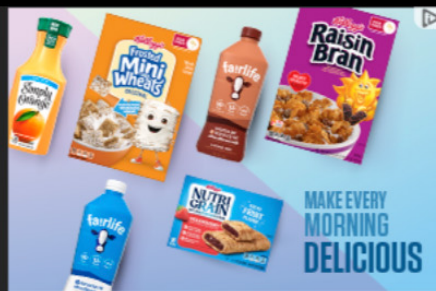


These women represent multiple generations. The youngest is 24 years old and the oldest is 52.



Made from plants, but tastes like milk with 75% less sugar.*

Silk Whole Fat Nextmilk has 3g sugar per serving; Whole Milk has 12g sugar per serving. USDA, ARS, FoodData Central, 2022. See Nutrition Facts for Saturated Fat Content.



Maintaining the fitness level required to continually climb some of the world's highest peaks is difficult, so the women climb every two weeks during the season.





Lidia Huayllas, Dora Magueño, Analía Gonzáles, Elena Quispe and Cecilia Llusco represent a changing time. Committed to following their dreams of climbing the world's highest peaks, they inspire women all around the globe to break stereotypes and shatter glass ceilings.





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