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CA SF Runs

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>>San Francisco Woman Tracks Her Runs On Social Media

(San Francisco, CA) -- A San Francisco woman is an Internet sensation as followers admire her innovative running paths. MTV says Instagram user Claire Wyckoff uses the Nike-Plus app to track her runs through Cole Valley and the Sunset, she then posts her routes to social media. Phallic courses, characters from 80's movies and corgi puppies are favorites among her followers. She began posting her routes in June, and now has close to ten-thousand followers on Instagram.

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