



# GIOVANA

## BRAIA ABERSOCH'S OWN STUNT SENSATION

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**L**ONGSTANDING READERS OF THE MAGAZINE MAY WELL BE FAMILIAR WITH GIOVANA BRAIA, A LOCAL TALENT WHO HAS BEEN MAKING WAVES AS A STUNTWOMAN. SINCE SHE WAS LAST FEATURED, GIOVANA HAS CONTINUED TO IMPRESS AND INSPIRE, CARVING OUT A NICHE FOR HERSELF IN THE COMPETITIVE WORLD OF STUNT PERFORMING. AT TWENTY-SEVEN, SHE BRINGS ACTION-PACKED SCENES TO LIFE FOR MAJOR PRODUCTIONS, A JOURNEY THAT BEGAN IN THE SCENIC LANDSCAPES OF THE LLŶN PENINSULA.

With its rugged cliffs, rolling hills, and vast beaches, growing up on the peninsula provided the perfect playground for Giovana's adventurous spirit. "Stunt work is something that suits me perfectly; it has suited my personality since I was a kid. I have always done martial arts and horse riding since I was a child," she recalls. These early experiences were not just hobbies; they were the foundation of her future career. The area's natural beauty and diverse landscapes offered endless opportunities for exploration and adventure, allowing Giovana to develop the physical skills and mental fortitude that would become crucial in her professional life.

Giovana's early love for being active seamlessly transitioned into a professional pursuit when she discovered the world of stunt work. To become a fully registered stunt professional in the UK, you must master at least six disciplines to the highest standards, such as teaching, coaching, or competing at an Olympic level. Giovana embraced this challenge wholeheartedly, excelling in martial arts, horse riding, rock climbing, precision driving, and scuba diving. She also acquired additional skills like fire burns, firearms handling, weaponry, and high falls, making her a versatile and highly skilled stunt performer.

Her commitment and expertise have since caught the attention of major studios. Giovana has recently completed stunt work for high-profile productions on Netflix, Sky, and Disney. Some of her notable projects include the movie Tarot(Sony Pictures), the Netflix production Squid Games:



The Challenge, the Disney series The Veil, and the Sky Cinema film Robin & The Hoods. Each role has been a stepping stone, showcasing her talent and dedication.

Despite her busy filming schedule, Giovana maintains a strong connection to her roots. She frequently returns to the peninsula to offer personal training sessions to her clients. "I am filming very often now throughout the year, so I offer PTs when I'm home and on pause from filming," she says. This balance allows her to enjoy city life when in London while still enjoying the charm of coastal living when back in her hometown.

Giovana's career has taken her across the globe, from Paris to Turkey and Serbia. She's performed memorable stunts, such as being hung from a bridge and dropped 20 metres,

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thrown from the back of a truck, and set on fire. Horse stunts and combat scenes are among her specialities, and while many of her feats remain under wraps due to non-disclosure agreements, her growing portfolio speaks volumes – a bright future lies ahead, filled with more high-octane stunts and thrilling roles.

Stunt work is not for the faint-hearted. It requires a unique blend of physical prowess and mental resilience. Giovana emphasises the importance of controlling fear and adrenaline, a skill that is crucial for ensuring safety and performance. “You have to have a self-control that allows yourself to push through the fear or nervousness to ensure you not only get the job done but keep yourself and everyone around you safe,” she explains. This ability to remain calm under pressure is what sets successful stunt professionals apart.

For those aspiring to enter the field, Giovana’s advice is straightforward:



“The first thing you need to look into is the British Stunt Register. Get all your BSR training done, and after that, your career will move along. The more work you put in, the more work you will get. Do not give up if it’s something you really want to do.” Her words underscore the demanding nature of the profession but also highlight the rewarding experiences it offers. With her determination, tenacity, relentless optimism, and physical capabilities, if anyone was going to succeed in the demanding stunt world, it would be Giovana.

Her story is not just about professional success; it’s about living one’s dreams. From pretending to be an action hero as a child to performing stunts onscreen, she has turned her childhood fantasies into reality. “I always loved watching action movies and pretending to be an action hero. Now, I get to live out my inner child’s dreams of performing fights or gigs that you wouldn’t get to do on a regular basis.”

Giovana’s journey from the serene landscapes of the Llŷn Peninsula to the high-stakes world of stunt work is both inspiring and impressive. Her story is a testament to how passion, dedication, and a love for adventure can lead to a fulfilling and exciting career. For Giovana, every stunt is an opportunity to push the boundaries of what’s possible and live out her dreams, proving that with hard work and determination, even the wildest dreams can come true.