

HE WARM WEATHER IS FAST APPROACHING AND WE ALL CAN'T WAIT TO GET BACK OUT ON THE WATER DOING WHAT WE LOVE, BE IT SAILING, SURFING, PADDLEBOARDING, SWIMMING, OR KAYAKING.

The volunteer crew at Abersoch RNLI are there for all of us 24/7, 365 days a year, and they've shared some useful RNLI FAQs to help keep you all safe on the water this summer season.

HOW DO I CALL FOR HELP BY PHONE?

Dial 999 or 112 and ask for the coastguard.

Describe your location and the number of people and craft in your group.

Describe the problem and give any additional information.

999 and 112 are the UK and Ireland's two emergency numbers, there is no risk or benefit to using either number. 112 is the European standard number for contacting the emergency services and works in other countries.

CAN I MAKE AN EMERGENCY CALL ON MY PHONE IF I DON'T HAVE A SIGNAL?

If you have no signal, don't panic! Your mobile can use any provider's network for emergency calls to 999 or 112. Some phones will tell you this, displaying 'emergency calls only' on the screen. Also, even with no credit it will call. If you are struggling to make an emergency call, it is worth trying the phone on the other side of your head as this may be enough to block the signal. If the phone signal is weak, you can try sending a text to 999.

OW DO I CALL FOR HELP ON A VHF RADIO?

- Switch to high power and go to Channel 16.
- Activate DSC alert if fitted.
- Press and hold transmit button and say:
- 'MAYDAY, MAYDAY, MAYDAY.'
- 'THIS IS (your name/vessel name).'
- 'MAYDAY (your name/vessel