

BEST BABY CRIBS FOR 2019

There comes a time in the life of everyone when all activities are placed on hold. This period of inactivity is general across all the world. Sleep is a general attribute of every human of all races of the world. Sleeping well affects mental and physical health. Although sleep requirements vary slightly from person to person, most healthy adults need between 7 to 9 hours of sleep per night to function at their best. This is not so with children and teens as they sleep more. The case of babies and infants is amazing, they spend most of their time sleeping as they grow old.

Because of the importance of sleep to babies, it is therefore important to provide every baby with an enabling environment that will aid in achieving good sleep. A good crib is a must-have for every expectant parent and the mattress is the most important part of your baby's crib. Having a good one to sleep on is essential for their comfort and safety at night.



Features to look for in Good Crib Mattresses.

Do you desire a good sleep as pictured above for your baby, then you need to look out for the following features in your mattresses as you plan to buy one?

Safety and Comfortability

What is the good of any mattress if it does not guarantee the safety of the helpless baby on it? Creating a haven for your baby starts with selecting the right crib mattress. This decision is a very important one in parenting. Since your baby is most likely expected to use most of his or her time in the crib, getting a safe and comfortable crib with a mattress is non-negotiable as this puts you at ease when their baby is sleeping.

Consider Babies' special Mattresses

It is very important to consider the baby's special needs. Newborn mattresses that are specifically designed for babies should be a top priority when choosing a mattress. Baby's mattress should come with beautiful designs and very firm. The difference between a mattress for babies and a mattress for adults is the firmness of the mattress. A firm mattress is an absolute requirement for babies as this helps to prevent SIDS in babies. It will also help with your baby's muscle & strength development. A toddler mattress can have a slightly softer surface.

Consider a multifunctional mattress for your baby.

To save the cost of buying mattresses at different growth stages in the life of a baby, it's very important to consider buying mattresses to have dual functions to fit into different growth stages of the baby. Consider mattresses that have different levels of firmness on the two sides. One side of the mattress is thoroughly firm and it is a perfect fit for babies while the softer side is a perfect fit as the baby grows older.

Consider the Size Before You Buy

Buying the mattress before the crib is like putting the cart before the horse, it is very important to consider buying the crib first. This will dictate the size and shape of the mattress to be considered. In a general consideration, the mattress you buy mustn't be too small for the crib so that baby does not get injured. A space large enough to fit more than two fingers between the crib and the mattress is considered too large. Large space can get the baby's part stuck, leading to suffocation if not attended to immediately can lead to death.

Environmental friendly

The choice of mattresses that are human and environmentally friendly cannot be ignored. Organic mattresses offer this friendliness and should thus be your target. Harmful chemicals are left behind on mattresses after the manufacturing process. The chemicals might produce unpleasant odors that can worsen any medical conditions that the baby might already be suffering from such as asthma. Organic mattresses will ensure a safe & natural environment for your baby.

Consider Proper Ventilation.

Mattresses should be kept dry at all times so as to ward off the growth of pathogenic bacteria and fungi. Cribs that provide good ventilation should be of paramount importance. Also, mattresses with vents will prevent moisture from building up thus keeping the mattress clean and hygienic. It'll also allow for easier breathability if your baby accidentally rolls to a face-down position on the mattress.

5 best-recommended baby cribs for 2019.

a. Moonlight Slumber (Little dreamer).

This mattress is four-layered; having a nylon cover which makes it waterproof, stain-proof, and easy-to-clean since it can be cleaned without stress, a woven fire barrier for better protection of the infant in case of the worst happening. The mattress is highly dense and enriched with plant oils which provide it with its characteristic medical grade stretch knit making it anti-microbial and odor resistant. It offers an excellent, safe and ideal sleeping surface for your young one

It is Safe-Sewn which prevents bed bugs and dust mites from living in and or penetrating the mattress. The mattress is two-sided; one side providing a tough surface for infants and the second side providing a softer side that can flip to after a certain age which is excellent for the toddler. The two-in-one feature provides an economically friendly opportunity for the parent.

Safety

The make-up of the mattress is a non-toxic material; free from harmful chemicals such as polyvinylchloride (PVC), lead, and offers protection against common bacteria. It is GREENGUARD certified, which is a mark of quality.

Size

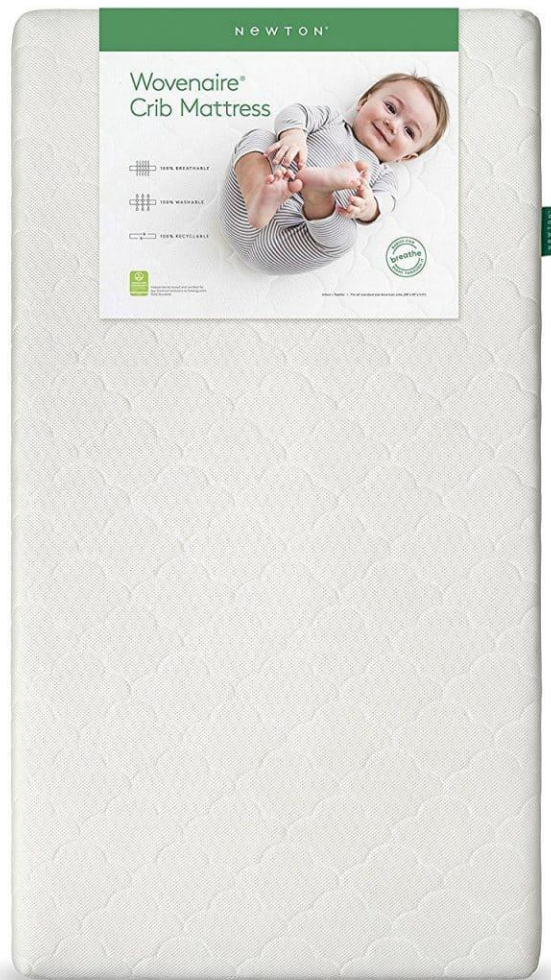
27.5" x 5" x 52"



b. Newton Wovenaire crib mattress.

The Newton Wovenaire crib mattress comes with a beautiful 3D cloud design cover which is machine washable, reduces the rigor of handwashing. It can also be tumble dried which provides great ease in cleaning and drying. The entire mattress can also be tumble dry, but it is advised to be wash with cold water (as hot water or excessive heat could shrink the mattress) and then hang it up to dry.

There are pores in the material that allows air in and out. This helps to ensure that the baby breath through the fabric with ease if they turn over in the night. This mattress is highly recommended by Paediatricians as safe for use because it also promotes good temperature regulation so that the baby is not too hot or cold. Finally, it's very comfortable for your little one!



Safety Features

Apart from being GREENGUARD and CPSC certified, this mattress does well to prevent SIDS than other mattresses. The ventilation in and out provides assuredly second-to-none as this mattress is highly aerated.

Size

52" x 28" x 5.5"

Material composition

The Wovenaire core is composed of 90% air and 10% food-graded Polymer. It is highly environmentally friendly because it is recyclable.

c. Dream on Me 3 mini.



This mattress weighed just 3 pounds and its highly recommended for parents needing a lightweight baby mattress. It is thus the perfect mattress to put in any portable crib. In comparison to its small weigh, it is 3 inches in thickness and provides great support for your baby. It's one of the top products from the USA produce with only standard materials. It is major cons is that it's only suitable for infants and can't use for long as the baby increases in age.

Vinyl, the major component of its cover is very durable and very easy to clean and maintain during long traveling. The mattress is stain-resistant; it doesn't get dirty easily and when it does, it is recommended to be cleaned with warm water and mild soap.

It's medically safe as its non-toxic and GREENGUARD certified. It is also free from cancerous chemicals such as lead and phthalate. The mattress is highly ventilated with small pore size which is crucial for making sure the baby can breathe.

Size

38" x 24" x 3".

d. Colgate Eco Classica 3 Crib Mattress.

The Colgate Eco Classica is a dual purpose mattress in which a child can use it as they grow, making it economically friendly. It has two sides of both tougher and softer sides, so one just turns it over to the softer side once the baby grows older and becomes a toddler.

It's a mattress with high quality, small pore size which enhances high breathability. The foam is devoid of chemicals such as lead but rather infused with plant oils making it safe for your baby. The certified organic waterproof cover will keep your baby dry and warm throughout his time on the bed.

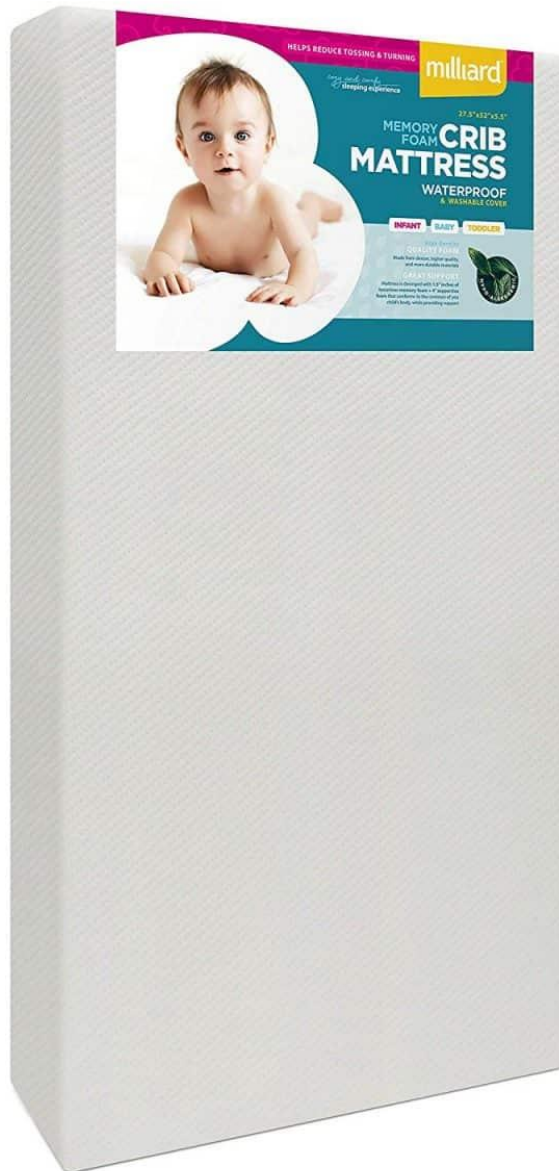
Size-wisely, the mattress is six inches thick, firm, allergy-free, and waterproof if a spillage occurs it won't damage the mattress. It is easy to clean with the use of a damp cloth with cold water. It's GREENGUARD and CertiPUR-US certified. The firmness that you expect from a baby mattress helps prevent SIDS.



Size

51.7" x 27.5" x 66".

e. Milliard memory foam mattress.



The Milliard crib mattress cover is made from bamboo, organic material for easy machine washability. It offers high airflow to regulate your baby's temperature, waterproof with easy in removing the cover. It gives no noise when the baby sleeps. This design offers comfortability and cheap luxury.

It is designed for dual purpose, makes it suitable for infants and then toddlers. It can even be used by younger children if it is well maintained. This is highly economically friendly.

To clean, rub the waterproof surface with a wet cloth or sponge for spot cleaning. It is also easy to remove the cover for a wash in the washing machine. The mattress itself can be spot cleaned using a wet sponge or cloth or alternatively, it can be steam cleaned.

Safety

It is medically safe and non-toxic. The composing natural fiberglass lining meets all fire safety standards. It is also CertiPur-US certified.

Size

27.25 x 52 x 5.5".