



Fabulous Challenge

7-Day 7-Minute Exercise Challenge

This challenge will help you jumpstart a daily exercise routine you can do right in your home without any fancy equipment or expensive gym memberships.



Goal

Your goal for this challenge is to commit to a short daily exercise routine for the next 7 days.

 Why Am I Doing This?

[Begin The Challenge!](#)

Fabulous Challenge

7-Day 10,000 Words Challenge

This challenge will help you to develop a daily writing habit to bank 10,000 words on your writing project and tap into your creative potential.



Goal

Your goal for this challenge is to commit to a writing habit everyday for the next 7 days.

 Why Am I Doing This?

[Begin The Challenge!](#)



Fabulous Challenge


8-Day Frugal Spender Challenge

Unchecked spending can wreak havoc, take back control with small daily spending tips and a commitment to enhancing your personal financial literacy.



Goal

Your goal for this challenge is to implement small proactive changes to your current financial habits and to become an intentional spender

 Why Am I Doing This?

[Begin The Challenge!](#)



Fabulous Challenge

7-Day Healthy Mindset Challenge

This challenge will help you to develop a resilient and optimistic mindset that can bounce back from disappointment



Goal

Your goal for this challenge is to develop habits that support and nurture a healthy mindset for the next 7 days

 Why Am I Doing This?

[Begin The Challenge!](#)



Fabulous Challenge


5-Day Healthy Eating Challenge

Valentina learns how to nourish the body with delicious and nutrient-rich foods.



Goal

Your goal for this challenge is to make small, sustainable changes to your diet every day for the next five days.

 Why Am I Doing This?

[Begin The Challenge!](#)



Fabulous Challenge

7-Day Working with Uncertainty Challenge

Accept the uncertainty of tomorrow as you become curious about all that your future holds.



 Goal

Your goal for this challenge is to learn what you can and cannot control and find peace in that balance.

 Why Am I Doing This?

[Begin The Challenge!](#)