

101 reasons to *choose organic*
with Abel & Cole

Reason 19

.....
A whole host of award
winning organic veggie
and vegan delights

LESS CHEMICAL NONSENSE,
FULLY TRACEABLE FROM
FIELD TO FORK

50% OFF
YOUR 1ST AND 4TH
BOXES, PLUS A FREE
COOKBOOK WITH
CODE YOGA50*



Looking to eat less meat and more veg this New Year? Thinking about going dairy free and not sure where to start? Look no further. We've been busy as bees sniffing out the best quality organic veggie, vegan and free-from food there is. It'll fill you with all the vigour you need to keep your practice flowing, and flowing, and... flowing.

Abel & Cole

abelandcole.co.uk 03452 62 62 62

*Minimum order £12, excluding £1.25 delivery. The offer only applies to Fruit & Veg boxes, Juicing, Smoothie, Salad, Souping and Recipe boxes. One copy of *Abel & Cole Vegbox Companion* will be included within your first delivery. This offer does not apply to those who have an order in place with us already. Full T&Cs online.