

MONTHLY **Abel & Cole** EDITION  
THYMES

SHOP | THIS WEEK'S BOXES | OFFERS



When life gives you lemons, well, the general rule of thumb is to make lemonade out of them. And while you can do so much more with these citrus-y wonders, there's absolutely nothing wrong with making a little lemonade. Not at all. Especially when those lemons are as amazing as the primofiori and verna varieties that we're lucky enough to get our hands on throughout the year.

Since 2011 they've been grown organically in the groves of Perales & Ferrer, in Murcia, where the trees hang heavy with these yellow taste sensations. It couldn't be any more of an idyllic spot for them. When they're not soaking up the Spanish sun, they're enjoying a balmy breeze and hanging out (quite literally), right up until they're plucked from the branches. Then they turn into some of the best hosts for a taste bud party you could ever find.

Whether you're zesting them, to perk up dressings and sauces, or you're adding wedges to the pan when you're roasting meat or veggies, there's no better way to add some zing to your life.

MAKE LEMONADE (AND OTHER THINGS TOO)

TIP TOP TIPS

FROM THE BLOG



**Lentil Spag Bol with Lemon Gremolata**

Spag bol. Everyone's favourite. With a vegan-friendly, lentil-y twist. Topped with some zesty goodness courtesy of our sunny Spanish amigos, the lemons.

[To the recipe](#)



**Christmas crafting cheer**

A crafty Christmas is a merry Christmas, we say. Carlands, wreaths (edible ones, event), paper stars, make them all. Best thing is, most of what you need is in your box!

[To the blog](#)

WE'VE TAKEN A SHINING TO

**Counting down to Christmas**

There's all kinds of ways you can start to get in the festive mood come December. Our collection of brilliant advent calendars might just take the pudding though. From Pukka's soothing tea calendar, to Montezuma's indulgent, vegan-friendly chocolate-y calendars, jolly good things lie ahead.

[To the shop](#)



**Here's something to get you started**

Would you love an organic farm shop delivered to your door? That's what we do. We've worked with some of the best organic farmers, makers and bakers in their fields for donkey's. From fruit & veg, to dairy, meat and lots more, we've got you covered.

Save £30 over your first three deliveries\*. Enter **ORGANIC30** at checkout.

CHOOSE YOUR BOX

**Hit the books**

From November 4th to the 15th we'll be collecting children's books in partnership with the London Children's Book Project. For more info, hop over to our blog below.

[This way](#)



\*Terms and Conditions  
£10 off each of your first three deliveries over £20. £1.25 delivery fee applies. Offer does not apply to those who have an order or delivery in place with us already. Abel & Cole reserves the right to end the promotional period at any time. Offer expires 27.12.19. Full T&Cs [here](#)

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