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Triangle Rock Club encourages climbers through YouTube series

On Friday morning, Triangle Rock Club will post the first of five video installments on their YouTube channel encouraging climbers to build their own climbing walls at home, in light of recent stay-at-home orders. The videos will include support for climbers to continue their passion for climbing in their own homes, backyards and garages, through building personal rock climbing walls. Triangle Rock Club hopes to serve the community through these tutorials, bringing climbers a taste of regularity in this tumultuous time.

“We’ve really been brainstorming safe ways to allow the community a sense of together-ness, while still abiding by the new rules,” says TRC lead route setter Scott Gilliam. “The team has carefully laid out all of the regulations and safety precautions to take when building your own wall at home. We’re excited to share this series with all of the climbers that are feeling stuck.”

Empathizing with the community’s restlessness, TRC began posting at-home workouts on their YouTube channel March 29. However, they believe providing the community with clear, tangible directions to build their own walls will greatly relieve pent-up climbers’ energy, more than a regular workout. They have plans to continue the series through posting pictures of routes for climbers to recreate on their own home walls.