

Rhonda Ghostwriter, Food Writer, and Developmental Editor Extraordinaire

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Hard-working, talented, and experienced food and health writer, editor, proofreader, and amazing researcher who goes above and beyond—always. A former, Distinguished Teaching Award-winning English professor and winner of the prestigious Honorable Order of the Golden Toque Award at Sullivan University for her food writing and culinary scholarship. Ghostwriter for top names in health and wellness and current food blogger as well.

Edited Books and Courses (with Permission from the Client, in order of relevance)

Ari Whitten's *The Energy Blueprint: Courses*

Ari Whitten, *The Ultimate Guide to Red Light Therapy*

[Link to manuscript Ultimate Guide to Red Light Therapy](#)

Eric Berg, *Healthy Keto and Intermittent Fasting*

[Google Drive Dr. Berg's Healthy Keto manuscript](#)

Stephen Cabral, *The Rain Barrel Effect*

Andre Davis, *Our Two Societies*

Isaiah Hankel, *The Science of Intelligent Achievement*

Laura Rimmer, *The 21-Day Alkaline Diet Plan*

Ghostwritten Blogs (with Permission from Client)

Dr. Eric Berg

[Keto Super Page](#)

[Intermittent Fasting Basics for Beginners](#)

[The Causes of Hair Loss](#)

And about every other blog on his pages.

Ben Greenfield

"Should You Use This Controversial Hormone Marketed as A Natural 'Fountain of Youth'?"

"The Complete Guide for a Massive Chest"

“5 Steps to Looking good in a T Shirt”

Jonathan Landsman, The Epoch Times

"How to Avoid Dieting Mistakes That Increase Your Body Weight"

"Immunity Hacks: How to Make Your Body More Resilient to Viruses"

Natural News

"Why Vitamin K2 is the New Superfood?"

Optique of Denver

“From Giovanni Ribisi to Angelina Jolie: Eyewear Created for Hollywood by Hollywood”

“The Artistry Behind Lafont Eyewear”

“Moscot Eyewear: A New York Tradition”

“Sophisticatedly Simple: The Avante Garde of Ic! Berlin”

“The High-Powered Eyewear of Etnia Barcelona”

“‘Smiling Eyes’: The Brilliant Eyewear of Caroline Abram”

Food Blogs with My Byline

Food Republic Blogs

aboutamom.com blogs

Academic Publications in Scholarly Journals and Books

“Amy Hempel.” *Contemporary American Women Fiction Writers: An A-to-Z Guide*. NJ: Greenwood Press, 2002.

“Applying Pressures to the Heart: An Interview with Tim O'Brien.” *Crab Orchard Review*. 2(1): 1-14.

“A Promise Made to Bubba: Sonia Sanchez and the Conscious Legacy of Her Poetry.” *Sonia Sanchez Literary Review*. 5(2): 1-14.

“Turning Massacres into Gold: The Alchemic Power of Joy Harjo’s Poetry.” *A Leadership Journal: Woman in Leadership*. 3(1): 61-67.

Awards

Distinguished Teacher of the Year Award, Indiana University Southeast

May 2004

The Honorable Order of the Golden Toque Scholarship, \$30,000

Sullivan University, Louisville, KY January, 2010

Current Employer

Feb 10, 2024, to present

|Food/Culinary Blog Ghostwriter

BakedBree and Aboutamom.com

London, England, U.K.

Contact: majid.sebti@waywith.com

Freelance Ghostwriter

Rhonda's Health Writing, LLC., 2013-2023

Teaching Experience

Online Tutor of Writing, Sullivan University, Louisville, KY

January 2010 to December 2013

Adjunct English Professor, Sullivan University, Louisville, KY

January 2010 to August 2013

Adjunct English Instructor, Indiana University Southeast, New Albany, IN

August 2004 to December 2006

Teaching Assistant, The University of South Carolina, Columbia

January 1996 to December 2003

Teaching Assistant, SIU, Carbondale

1994-1996

Education

Master of Arts in Professional Creative Non-fiction Writing (Current, Expected graduation 05/2026), University of Denver, CO

Associates of Science in Culinary Arts and Catering

Sullivan University, Louisville, KY

Doctorate of Philosophy, ABD, English

University of South Carolina, Columbia

Master of Arts, English

Southern Illinois University, Carbondale, IL

Bachelor of Arts, English

Indiana University Southeast, New Albany, IN

Skills

- Copywriting
- Book writing
- Blog writing
- Grammar guru/perfectionist
- 10 years' experience in health and wellness writing
- Advanced scientific research
- Advanced non-fiction/fiction writing
- Academic writing
- Scientific writing, scientific editing
- Higher education teaching

- Proofreading
- Advanced grammar
- Chicago, APA, AP, MLA Documentation
- Developmental editing
- Copy editing
- Line editing
- 10 years' experience writing in advanced microbiology, human biology, and cellular biology
- 15 years' advanced SEO best practices training and experience
- CMOS, WordPress, Blackboard, Slack, Asana, Trello, etc.
- Solo and team player

References

Laura Rimmer (former ghostwriting client, health)

laura@laurarimmer.com

Majid Sebti, Current Employer

majid.sebti@waywithmail.com

Chris Heriza, Enrollment, Creative Writing Program

University of Denver, chris.heriza@du.edu

Hillary Leftwich, Professor of Creative Non-Fiction Writing

The University of Denver,
hillary.leftwich@du.edu

