

BY JOHN TAN

**M**OST Malaysian fans came to know of Henry Moodie back in 2023, when his sophomore single *Drunk Text* drew attention on TikTok. The single, upon a year of its release, found commercial success among Malaysians, peaking at number one on the local music chart.

What followed after is a series of hit singles and two music EPs, which amassed the British singer over six million Spotify monthly listeners and a series of sold-out shows, including a performance at Zepp KL in July, as part of his 2025 Asia Tour.

The 21-year-old is now set to mark a brand new chapter in his musical career, with the release of his debut album *Mood Swings*. Embellished with his signature heartfelt lyricism and dynamic melodies, the album explores the joys and complexities of love, identity and self-discovery.

Over a Zoom call, Moodie chats with *theSun* on the process of bringing the album to life and his remaining plans for 2025.

**Did you find the process of recording a debut album to be 'harder' than an EP?**

I actually found it easier because I was working towards a body of work instead of a standalone. With the EPs, it was more of just writing these standalone songs and putting them together. Whereas with the album, every song I was writing had creative cohesion with the others. I remember thinking "is it going to make sense with the album?"

Having that sense of cohesion really helped me create the album. It gave me a clearer direction of where I was going. I loved having that big picture in mind versus just having a few single small songs. So, I really enjoyed the process, and bringing this album to life is easily my favourite period of writing.

**A lot of the songs are more upbeat on *Mood Swings*. Was that intentional?**

Yes, I wanted the album to capture all the different emotions I felt. My early 20s have been a mix of upbeat and depressive moments and I wanted to capture the emotional spectrum of that particular period of my life. So we tested a lot of different things with the production before deciding on what exactly would be best on the final output. I also think that it isn't sustainable to be doing ballads only for your entire career as an artiste. It is nice to have a variety.

**Any current favourite tracks from the album?**

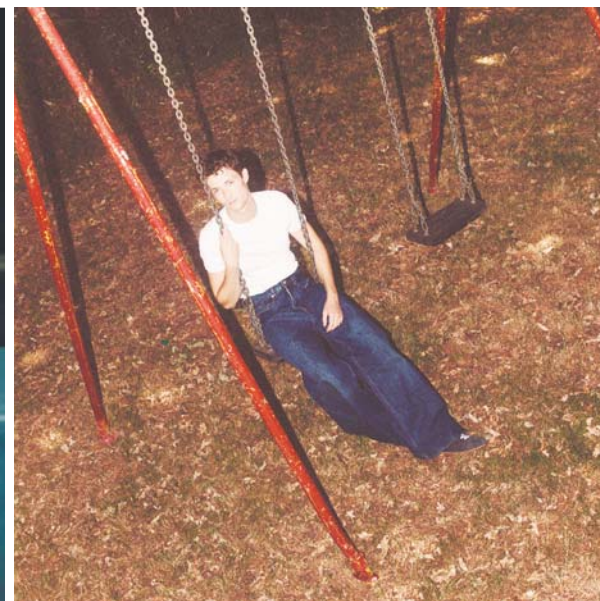
My favourites are track five *Growing Pains* and the last track *Dear Drew*, which is about my relationship with my school bully. A big reason why I got into music was because I got bullied in school. Should I go through something, I would write about it.

So the irony is, I would not be here if it was not for that situation. I am really proud of every track on the album and each one has been my favourite at some point in time, but these two tracks will always feel bittersweet.

**How do you hope for people to react to *Mood Swings*?**

I am really hoping that people find a track on the album that they can each call their personal favourite. There is a song in there for everyone, whether you are going through a best friend breakup, a relationship breakup and

Moodie's sophomore single *Drunk Text* takes TikTok by storm.  
— PIC FROM INSTAGRAM @HENRY MOODIE



*Mood Swings* marks a new chapter in Moodie's musical career.

Moodie takes inspiration from artistes such as Olivia Rodrigo, Coldplay and Taylor Swift.

## Lyrical lores

» Henry Moodie's debut album *Mood Swings* paints spectrum of emotions

even if you are dealing with insecurities. So, I hope that people find the song that is for them and that it helps them through their difficult time in life.

**What are your plans for the remaining months of 2025?**

I am going to be touring Australia, and that should be really fun. Aside from music, I am planing on doing a lot of socialising... Just catching up with friends and maybe even go on a few dates. Then, I will probably start writing my second album. Songwriting never stops for me and a lot has happened in my life since I

have written my first song, because I wrote my first song. So, I am just going to keep writing and getting things off my chest.

**Will you be visiting Malaysia again?**

Hopefully, yes. We just did a tour in Asia a few months back and I came then. We will wait a little bit, but I will definitely come back to Malaysia. It is one of my favourite places. The show that we did in Malaysia was one of my favourite shows. The crowd was amazing. I will never forget walking into The Exchange TRX (mall) and filling it out. Malaysia has so many amazing memories for me.

