

# **PERSONAL INFO**

- **Nationality: Spanish**
- Age: 32
- adnanleal@gmail.com
- (+32) 491569469
- Brussels, Belgium

# **STRENGTHS**

- Ability to thrive in hectic environments
- Out-of-the-box thinker
- A team player
- Able to write clearly and develop political strategies
- An empathic communicator who cares about diverse audiences
- Strong understanding of EU & global affairs



Spanish, Catalan - Native English C2, French B1, Polish A1



### **DIGITAL SKILLS**

Video editing; graphic design (Canva); photography skills; Microsoft Office; Microsoft Suite; Adobe Package; Newsletter, website, and social media management; data visualization; podcastting

# ADNÁN LEAL **COMMUNICATOR & JOURNALIST**

Experienced in online journalism; radio broadcasting; strategic, EU policy, and political communications; social media campaigns; content creation...and everything else that involves telling a story or explaining complex topics.

Extensive professional and educational experience in global contexts. Curious, open-minded, and a positive thinker. My interests lie in politics, media, sports, technology, culture, and traveling. My best quality is that I ask a lot of questions.

## WORK EXPERIENCE

#### **COMMUNICATIONS MANAGER**

DIGITALEUROPE, Brussels, 01/10/2022 - CURRENT Managed and created website and social media content (including video); wrote and managed newsletters; designed

and executed communications campaigns and events; established a pan-European comms community

## INTERNAL COMMUNICATIONS SPECIALIST

GRANDVISION, Ámsterdam, 01/06/2021 - 30/09/22 Designed and established a cohesive, effective internal communications strategy for a 40.000-people global company.

**NEWSLETTER EDITOR (SELF-EMPLOYED)** 

EL PRAGMA, Remote, 01/01/2021 - 01/06/2021 Authored a weekly journalistic newsletter, publishing articles on local, national and global affairs.

#### **BUSINESS & FINANCE WRITER**

ECONOMÍA 3, Alicante, 01/06/2019 – 31/08/2019 Wrote news about local & regional business & finance affairs

**REPORTER & BROADCASTER** 

ONDA CERO. Alicante. 01/07/2017 - 31/08/2017 Wrote & broadcasted news about local & regional politics

**POLITICAL WRITER** 

EL IBÉRICO, London, 01/07/2018 - 30/09/2018 Wrote news about Brexit and UK politics

# EDUCATION

#### **BACHELORS DEGREE IN JOURNALISM**

- University of Castilla-La Mancha, 2015 2019
- With Erasmus+ exchange in Poland

#### MASTER'S DEGREE IN JOURNALISM, MEDIA AND GLOBALISATION

- University of Aarhus & University of Amsterdam, 2019 2021
- Joint Erasmus Mundus Degree; Media & Politics mention

## MASTER'S DEGREE IN HUMAN RIGHTS AND GLOBALIZATION

Universitat Oberta de Catalunya, 10/2024 - currently