

# Fashion news

Beautiful headgear for every occasion, seasonal colours and what to look for when you're buying summer swimwear.

Edited by **FLEUR MEALING**



*As race season gets underway it's time to find the perfect headgear for the occasion. New Zealand designer Natalie Chan has beautiful hats and fascinators that you'll want to wear time and again.*



**BLUE and WHITE**

Channel the French Riviera style with blues, whites and some stripes! H&M have got you covered with easy Spring staples and accessories. [hm.com/nz](http://hm.com/nz)



To see the millinery collection or to discuss bespoke services, go to [millinerybynataliechan.co.nz](http://millinerybynataliechan.co.nz)

**From the heart** Wellington brand Nisa employs women from refugee backgrounds to create their organic cotton underwear. Through Nisa, the refugees improve their language skills, along with their self-esteem and independence, all while providing for their families. To see the collection, go to [nisa.co.nz](http://nisa.co.nz)



**Get the look: YELLOW**  
From Amal Clooney to Kate and Meghan, yellow has become the 'it' colour of the season. Get the look with the Ingrid Starnes Otto Dress, \$469. [ingridstarnes.com](http://ingridstarnes.com)



## ASK LJUBENKA



**Q** My husband and I are going on a trip to the Islands next month and I'm starting to worry! As a lady in my late 60s, I find shopping for swimwear a bit daunting. I have tended to avoid swimming altogether to avoid showing my upper arms, upper legs and stomach but I know I will need something to wear while we are in Fiji. Can you please point me in the right direction of some age- and shape-appropriate swimwear?

**A** Finding swimwear that is both comfortable and practical can be daunting for anyone but fortunately, there a variety of swimwear options available. Remember to make sure you try on a few different sizes of the same suit as swimwear sizing can be tricky; it's important to find the right fit to be comfortable and feel confident. Here are a few options to consider:

- Cover-ups and sarongs can be used when not swimming
  - A tankini (which is a two-piece suit of a tank top and bikini bottom)
  - A shortini (which is a tankini top and shorts on the bottom)
  - Swim dresses are fabulous for covering up tummies, thighs and hips
  - Ruching across your tummy helps smooth and conceal the area
  - Prints are a great way to camouflage any part of the body
  - Wearing a rashie is also an option for covering up your upper arms.
- Accentuate what you do love and enjoy your holiday!