Fashion news

The environment is to the fore this month with earthy hues, botanical prints and eco-conscious shopping.

Edited by FLEUR MEALING



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ask LJUBENKA



I am trying to be more eco-conscious and one way I thought I could do that is by second-hand shopping. I know op-shops are a good deal but they have always seemed so overwhelming to me. Have you got any tips on how to tackle second-hand clothes shopping?

ortunately, society is more eco-conscious now than ever before and we realise that fast fashion has an environmental impact. I have always loved checking out second-hand/vintage stores because you never know what you're going to find. I think it's really important to have an open mind and the time to sift through and sort. Don't be popping in with a five-minute window. at closing time, or when you're not in the mood. Only buy items you really love. Consider how the piece will work in with your existing wardrobe too. I would start with one section of the store and go through all of the racks, as hidden gems could be anywhere. If clothes are displayed by size, you could head straight to your section. Make sure you try the item on, so you know it's a good fit. The greatest benefits of shopping at vintage stores are that you aren't spending a fortune and you are being mindful of the sustainability of fashion. See Ljubenka on Instagram @holdtheglamour.