

[Style file]

Fashion news

Fleur Mealing finds fair-weather flair and fit gear for new mums plus shorts advice from Ljubenka.



Summer blues

Explore different hues of blue this summer with Sheryl May. The eponymous Gisborne-based brand offers a range of styles in beautiful colours and patterns. Made in limited numbers, a Sheryl May piece is sure to be a show-stopper. For stockists, visit sherylmay.co.nz/stockists.



WORKOUT MUMS Australian brand Cadenshae is helping new mums and mums-to-be stay fit in practical activewear. Their comfortable sports bras, hoodies, leggings and tops are designed with expanding pregnant tummies and breastfeeding in mind. cadenshae.co.nz

ASK LJUBENKA

I want to invest in some shorts for the summer but I find they can be so unforgiving on my larger thighs. Is there any way to wear shorts without drawing attention to my big legs?



Yes, there is certainly a way for you to wear shorts for the summer without drawing attention to big legs or thighs. The key is to buy the best fit for your shape - some styles are more flattering than others as I'm sure you have discovered. I would recommend a knee-length or Bermuda short with a slightly wider or relaxed fit in the leg. If it's too fitted, it will draw the eye to any problem area. Just make sure you don't go too wide with the leg either, otherwise, the shorts will make you look bigger than you really are. Play with the different lengths of shorts too (above or below the knee), and see what works for you. I always recommend you try on a few different pairs and see what makes you feel and look your best and most confident. That way, you'll wear shorts and own it! Enjoy the summer.

See more from Ljubenka on Instagram @holdtheglamour.



One to watch

The SL Collection from Auckland designer Samuel Levi offers stylish watches priced at \$99 or \$129. Designed to be unisex, the collection's two elegant designs, Classic (above) and Minimalist, come in a range of colours. Find one to suit you at styledlevi.com.

NECK LINE

Add a timeless accessory to your summer outfit with a Bird and Knoll 100 per cent silk scarf. The Italian-made Silk Skinny range features fabric designs based on memories of Paris, Morocco and Africa. \$174 each, birdandknoll.com.



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