Style file

Fashion news

Spring brings new opportunities to get active, relax or kick up your heels. Plus Ljubenka has the change of season covered.

Edited by FLEUR MEALING

SPRING IN YOUR STEP

Float away

Sail to a faraway destination with Loobie's Story. Celebrating a decade in business, the brand has released a new collection, A Tropical Daydream, featuring a lush range of prints and seasonal tones from ocean blues and leafy greens to bright corals. Buy the Kailua Pleat Dress, \$349 (pictured) at loobiesstory.co.nz.

AVA BALL

Ziera's Ava heel pairs timeless style and modern comfort in a premium leather shoe with adjustable straps, a lightweight midsole and contoured cushioning footbed. Ava in Navy, \$270. zierashoes.com

HSDE

Work out in style with Lorna Jane. The Australian activewear brand creates quality pieces that you can feel comfortable in while running or enjoying a spot of yoga.

Triple Threat Tank in Amalfi, \$65.99, and Wild Core Ankle Biter Tight in Wild Print, \$127.99. lornajane.nz

Lace lady

Indulge in a blue lace lingerie set from French brand Simone Perele. The Promesse Full Cup Control Bra, \$124.90, and Culotte Brief, \$84.90, make it possible for women to have both beauty and comfort. Available from smithandcaugheys.co.nz.



With the weather getting warmer, I'm dreading not being able to cover up like I can in winter. I don't like showing my arms or legs, and layering often gets too hot. Do you have any advice for staying cool in the heat?

I know so many women of all shapes and sizes who don't like showing their arms or leas. They feel more comfortable covering up and layering, no matter the season. Fortunately, the warmer months bring lighter materials such as cotton and linen, which allow the body to breathe and stay cool. Natural fibres and fabrics are best in hotter weather, so stay away from man-made materials, such as polyester, if you can.

Mixing and matching can also elevate your look. Layering different textures allows you to downplay certain areas but still stay cool in the heat. A dress worn over jeans or capri pants is one successful way

to layer – and one of my personal favourites. Silk or cotton scarves

slik of cotton scarves are a must for transseasonal dressing too. They serve many purposes for cover-ups. Meanwhile, light cardigans and sheer kimono jackets help to cover arms and draw the eye upwards.

Try and use colour and colour blocking to give the illusion of height too.

Be bold and have fun! See Ljubenka on Instagram @holdtheglamour.