

# The Right To Abortion And Its Complications:

## Brief Summary:

The term abortion is used to refer the act of bringing a pregnancy to an end, by either extracting embryo or fetus before maturity. Abortion can take place differently. Accidental abortion is known as miscarriage, whereas, intended abortion is recognized as induced abortion. While in some cases it is referred to as the late termination of a pregnancy. The fetus or embryo is removed when it has the potential to live outside the environment. In some developed countries, abortion has been regarded as a legal act and is allowed in certain situations keeping in view the physical, psychological, and biological health of women. It is done through several techniques, like taking pills, to carry on the health of a woman through in a normal way. This approach of taking pills is considered a secure approach by not exposing a female to the long-term side effects, that is both physical and mental.

Ethical, religious, and state's view about abortion vary from place to place. In some regions, it is permitted and appreciated in certain circumstances like rape, biological problems, incest, or in case the women's lives are risky. Even though, WHO has legalized it and regarded this act as safer but it remains a debatable topic, as half of the world by any means do not back it and call it unethical, illegal, and not moral.

## Critical Analysis:

To remain rational and unbiased, I would like to go against abortion. The research of Dr Kermit Gosnell on abortions in the United States of America brought forth its darker and hazardous side to the world and controversial debates got some more ways to be in the discussions. The trial and research brought out the fatal consequences of abortion not only for those who do it illegally, but even for those who do it legally.

Abortion exposes women to short-term health risks. Several immediate risks can be the outcomes of abortion including continuous bleeding, bacterial infections, unfinished abortion etc. It can also lead to other complications such as heart failure, complications in the renal areas, shocks, difficulty in breathing, and even ectopic pregnancies.

Further studies declared that such immediate risks have already led to the death of about one-fifth of the women involved while having this practice.

Abortion also have negative effects on future reproductive life to the woman and one of such failure is the occurrence of premature death. This frequently happens when the mother gives birth to baby before the due biological birth date.

Not only biological and physical complications can arise due to abortion, but it also have some severe implications regarding the psychological side. The physical actions are so painful that they often leave a permanent scar on their mental health that can't be forgotten. For some women, these emotional effects of abortion are really intense, while others may not have any strong feelings after it. So, abortions make women weak psychologically which is no less than a huge loss.

Although, the right to abortion has been included in numerous constitutions around the world, but it has led women to complications only.

To talk about Human Rights, it is clearly a violation of human rights. It falls under the radar of Human Rights Declarations article 3, which states that abortion is a clear violation as it deprives pre-born humans of their very lives. The UN Declaration of Human Rights vividly states; "Everyone has the right to life, liberty and security of person". (Article 3)

In a nutshell, it is evident and vivid that abortion holds many risks to a woman that not only endanger her life, but also the life of a baby in adequate pregnancies. The complications and risks go on far from physical to biological, and to psychological. However, it hurts and is very unfortunate that most people with illegal abortions go unnoticed and unreported. It is to be noted, religious point of views do not allow it in any case and is seriously prohibited. It can't be justified by any means. So from the aforementioned discussion, abortion has less positive sides and more negative, risky and fatal consequences.

### **Reference:**

Forster, M. " Long-term physical and psychological health consequences of abortion" Journal of obstetrical and gynecological survey.