

Smartwatches:

Introduction:

Smartwatches have recently brought a big change in the IT industry across the globe up to a high level and have made many things easier for travelers, cyclists, and even for common persons. imagine having a calculator, watch, camera, chronograph, navigation maps, thermometer, speakers, and many other features that make life easier and smooth just at your wrist. Before the advent of smartwatches, computing had never been this much convenient and simple. It's the smartwatch that can be used in place of mobile phones even, in fact, it would be no wrong to call it a mini-computer at your wrist. Moreover, smartwatches are more than watches for tech lovers. Today's smartwatches are packed with from navigation maps to health fitness monitoring features and more.

Basically, after the inventions of smartwatches, you can have easy calling while cycling or hiking. It needs to be connected to your phone via Bluetooth. Whenever, a situation comes where you can't take out a phone, just attend it through your smartwatch and talk.

List of some top smartwatches:

Fitbit Ionic:

It's the best beginner smartwatch. Fitbit has been a prominent and reliable one for health and fitness geeks. If you have just recently decided to track improvement in your fitness while cycling, it's more likely that you are stumbled on the right choice of a smartwatch. It has the first-ever Fitbit ionic GPS that still concentrates on fitness fully. Unlike other smartwatches that distract one by notifying about useless things. This doesn't have such irrelevant apps. Another important feature in this smartwatch is Fitbit Coach App. For beginners, it is very much important in terms of reminding them about their goals and objectives. Lastly, when it comes to style and fashion, Fitbit Ionic stands with pride as it gives a cool look, as it is made of plastic and leather strap options.

Polar M430:

Polar started a name because of M400. Undoubtedly, it is one of the best smartwatch in terms of GPS facilities. Its GPS is so reliable despite having no plenty of navigations tools. Above all, it is cheaper compared to the rest of the best smartwatches. The users are thankful after making modifications in M400 and shaping it into M430. Along with improved GPS, wrist-based heart

rate sensors, they also added a sleep tracker. While cycling, it allows you to see its screen so comfortably just because of its style. It also has the option to bring change in the display when it's dark. This smartwatch is more breathable and even more ergonomic to better fit on your wrist.

Garmin Forerunner 235:

The Garmin Forerunner has been a competitive smartwatch in the marketplace for almost 3 years and is considered a top-class smartwatch. It was launched at the end of 2015. Its features made it a "future-proof" gadget. It also provides more accurate heart rates anywhere. Besides that, it is not only a cycling or running watch, it has got four sport modes that make it a unique smartwatch in the marketplace of smartwatches that come in front of each other based on sport modes. Run, run indoor, cycle, and other modes are incorporated properly. Moreover, it can save up to 200 hours of activity on the watch in case you are in need to fetch out your preceding cycling data without accessing your phone. Another cool feature is its Recovery Advisor. It lets you inform how long will it take for you to recover from your recent activity.

Garmin Fenix 5:

The aforementioned all smartwatches are strava-compatible. However, there is still one that stands out different, compatible, and more useful from all those, particularly for biking and cycling and that is the Garmin Fenix 5. It has got a substantial support after its predecessor Garmin Fenix 3 that has been put on by many well-known athletes and sport's freaks. It has got some cool and useful features which are interchangeable straps, bigger and more optimal display, more sports mode, and few sports options, also it has got training data and effect, even 24/7 heart rate monitoring and VO2 Max reading like best features. On top of that, it also has three pre-loaded cycling profiles which are bike, indoor, and MTB.

Apple watch series 4:

If you are a big fan of Apple products, the Apple watch series can be your new cycling and biking buddy. It has the capability to nudge you to be more active in the day and spontaneously track your exercises and routines. With the work out app that is reachable from your watch's home screen, you can opt for running many popular activities such as running, indoor, cycling, swimming, and rowing. Despite the companion Apple Watch app, you may also use another third party feature such as Cyclemeter Cycling GPS to analyze, record, and track all the biking data. It is light in weight that puts your passion into style.