LIFE ON THE GULFSHORE is all about getting the best out of what paradise has to offer—and that includes high-quality health care, a continually growing and important part of what gives Southwest Florida its unique character. Leading physicians and surgeons are drawn to the area for the same reasons most residents and visitors are attracted to our shores. That allows us to have top-quality care in a host of specialties and to benefit from having the very best health care professionals practicing the latest techniques and taking part in cutting-edge research.

For these reasons, we're proud to offer our readers this list of accredited practitioners granted Top Doctor status by national medical research firm Castle Connelly Medical Ltd., which selects winners following careful screening and peer nominations. (To learn more about Castle Connelly's methodology, please turn to page 58). As part of our coverage, we've also done in-depth profiles of six health care professionals who are living up to the highest standards of their respective fields.

You can use this list-really this entire magazine-as resource to help you connect with the right doctor and the proper care. However, each path to good health is a very personal one. Your route may lead you to seek the advice of a physician who's not on our list. Only you can decide what's the right course for you.

ALLERGY AND IMMUNOLOGY

Lazaro L. Castillo Lee Memorial Hospital Allergy and Asthma Care Center 4017 Del Prado Blvd. Cape Coral (239) 549-1398

Pediatric Allergy and Immunology

Allergy and Asthma

Charles V. Klucka Lee Memorial Hospital Bayfront Health Punta Gorda 9671 Gladiolus Drive. Ste 104 Fort Myers (239) 939-2246 Asthma and Allergy, Food and Drug Allergy. Skin Allergies, Hay Fever

Elvin M. Mendez

Golisano Children's Hospital Of Southwest Florida HealthParkMedical Center Lee Physician Group Allergy and Immunology 22655 Bayshore Road, Ste. 130 Port Charlotte (941) 255-3722 Pediatric Allergy and Immunology, Food Allergy, Immune Deficiency, Pulmonary Disease

Kevin P. Rosenbach

NCH Downtown Naples Interventional Naples Hospital Cardiac Naples Allergy Center 2500 Vanderbilt Beach Road, Ste. 1103 Naples (239) 596-5560 Rhinitis, Food and Drug Allergy, Defibrillators Asthma, Eczema

Brett E. Stanaland

NCH Downtown Naples Hospital Allergy, Sinus and Asthma Specialists of Naples 1000 Goodlette-Frank Road N., Ste 200 (239) 434-6200 Asthma and Allergy, Food and Drug Allergy

CARDIAC ELECTROPHYSIOLOGY

Carlos Cuello

Physicians Regional Medical Center-Pine Ridge Heart Rhythm Specialists 6101 Pine Ridge Road, Ste 33 Naples (239) 348-4290 Arrhythmias

Sinan Gursoy Naples Hospital

Physicians Regional

Medical

Electrophysiology 625 Tamiami Trail N., (239) 643-9977 Angioplasty and Stent Placement, Arrhythmias, Pacemakers/

Sidney Peykar

Bayfront Health Port Charlotte Sarasota Memorial Hospital Cardiac Arrhythmia Institute 2484 Caring Way, Ste. B Port Charlotte (800) 771-7164 Arrhythmias, Atrial Fibrillation, Catheter Ablation, Defibrillators

Kenneth W. Plunkitt

NCH Downtown Naples Hospital Physicians Regional Medical Center—Pine Naples Heart Rhythm Specialists 6101 Pine Ridge Road, Desk 1213 Naples (239) 263-0849 Arrhythmias.

Pacemakers/

Defibrillators

CARDIOVASCULAR DISEASE

Ste. 201

Naples

(239) 261-2000

Heart Disease, Choles-

terol/Lipid Disorders,

Echocardiography,

Nuclear Cardiology

Herman L. Spilker

NCH Heart Institute

NCH Downtown

Naples Hospital

399 9th St. N.,

(239) 624-4200

Lipid Disorders

NCH Downtown

Naples Hospital

399 9th St. N.,

(239) 624-4200

Interventional

NCH Downtown

Naples Hospital

399 9th St. N.,

(239) 624-4200

Echocardiography.

Congestive Heart

Heart Disease,

Failure, Diabetes and

Metabolic Syndrome

Ste. 300

Naples

NCH Heart Institute

Shona V. Velamakanni

Cardiology

Ste. 300

Naples

Silvio C. Travalia

Cardiovascular Disease

NCH Heart Institute

Heart Failure, Hyper-

tension, Non-Invasive

Cardiology, Cholesterol/

Ste. 300

Naples

Michael D. Danzig Lee Memorial Hospital Lee Physician Group 9800 S Health Park Drive.

Ste. 320 Fort Myers (239) 343-6350 Cholesterol/Lipid Disorders

Walther R. Evenhuis

NCH Downtown Naples Hospital Physicians Regional Medical Center-Pine Ridge Evenhuis Cardiology and Internal Medicine 1351 Pine St. Naples (239) 262-5770

Carotid Artery Disease

Ronald L. Levine

Levine Heart & Wellness 680 2nd Ave. N., Ste. 304 Naples (239) 206-2833 Angioplasty & Stent Placement, Heart Attack, Interventional Cardiology, Preventive Cardiology

Sajan Rao NCH Downtown

Naples Hospital SWICFT Institute of Southwest Florida 625 9th St. N.,

CHILD NEUROLOGY

Guillermo Philipps

Hospital of Southwest Florida Lee Physician Group Pediatric Neurology 15901 Bass Road, Ste. 108 Fort Myers (239) 343-6050 Epilepsy, Headache

Golisano Children's Hospital of Southwest Florida Lee Physician Group Pediatric Neurology Ste. 108 Fort Myers (239) 343-6050

COLON AND RECTAL SURGERY

Susan Marie Cera

Pine Ridge Physicians Regional Medical Group 6101 Pine Ridge Road, Desk 22 Naples (239) 348-4221 Minimally Invasive Surgery, Robotic Surgery, Colon and Rectal Cancer, Laparoscopic Surgery

Golisano Children's

Britt Stroud

15901 Bass Road,

Physicians Regional Medical Center-

Valerie R. Dyke Gulf Coast Medical Center-Fort Myers The Colorectal Institute 13770 Plantation Road, Fort Myers (239) 275-0728 Colon and Rectal Cancer and Surgery, Laparoscopic Surgery, Inflammatory Bowel Disease/Crohn's

Janette U. Gaw Gulf Coast Medical Center-Fort Myers The Colorectal Institute 13770 Plantation Road. Fort Myers (239) 275-0728 Colon and Rectal

Colonoscopy

Cancer and Surgery,

Jeffrey A. Neale Gulf Coast Medical Center-Fort Myers Cape Coral Hospital The Colorectal Institute 13770 Plantation Road. Fort Myers (239) 275-0728 Colon and Rectal Cancer and Surgery

Nagesh B. Ravipati

Gulf Coast Medical Center-Fort Myers The Colorectal Institute 13770 Plantation Road, Ste. 2 Fort Myers (239) 275-0728 Colon and Rectal

Anthony M. Vernava

Physicians Regional Medical Center—Pine Ridge Physicians Regional Medical Center—Collier Physicians Regional Medical Group 6101 Pine Ridge Road Naples (239) 348-4221 Colon and Rectal Cancer, Colon and Rectal Cancer-Familial Polyposis, Inflammatory Bowel Disease, Crohn's Disease

DERMATOLOGY

Keith M. Benbenisty Associates in Dermatology 8381 Riverwalk Park Blvd.. Ste. 101

Fort Myers (239) 936-5425 Skin Cancer, Dermato logic Surgery, Blistering Diseases, Mohs Surgery

Charles Camisa

Riverchase Dermatology 261 9th St. S. (800) 591-3376 Psoriasis, Oral Dermatology, Lichen Planus, Cutaneous Lymphoma

Janet Flores Cheng

Gulfshore Dermatology At Coralwood 326 Del Prado Blvd. N., Ste. 301 Cape Coral (239) 458-1131 Skin Cancer, Psoriasis Eczema, Acne, Hair and Nail Disorders

Stephen H. Ducatman The Woodruff Institute 671 Goodlette-Frank Road N., Ste. 160 Naples (239) 498-3376

Hair and Nail Disorders,

Cutaneous Lymphoma

Craig J. Eichler The Woodruff Institute 2235 Venetian Court, Naples (239) 498-3376

Dermatologic Surgery **Debra Fett Desmond** Dermatology Solutions

Skin Cancer,

14071 Metropolis Ave. Fort Myers (239) 694-7546 Skin Cancer, Laser Surgery, Contact Dermatitis

Brian A. Harris Harris Dermatology 9090 Park Royal Drive Fort Myers (239) 936-3344 Skin Cancer,

Mohs Surgery

JAY WANG. M.D.

HEMATOLOGY-ONCOLOGY

Dr. Jay Wang, 43, is a people person. Not just because he enjoys company. Interacting with patients gives him a good idea of what's happening in the medical realm.

After majoring in molecular biology at UCLA, Wang tried his hand at medical research for two years. It wasn't until he was completing his fellowship at Baylor College of Medicine that he realized being a researcher was too confining.

"It just wasn't for me. It's important that I interact with people, otherwise it gets a little bit too mundane," Wang explains. "I like the variety of seeing different patients because it's interesting to learn the advances in all fields, not necessarily in just one niche of the field."

So he became a hematologist-oncologist, someone who diagnoses and treats blood diseases and cancer-two areas that are constantly evolving.

Wang is fascinated by the rapidly changing factors that go into the understanding of his discipline. "Something you learned a couple of years ago, or even last year, may not be applicable this year," he says. "There aren't that many fields that move that fast."

As a board-certified physician, Wang spends most of his time in the clinic at Florida Cancer Specialists in Naples, though sometimes he'll see patients that get admitted to the hospital. A typical day usually starts at 7 a.m. and ends around 5 p.m., unless his patients are still in the hospital—when that's the case, he'll head down to check on them again after he completes his paperwork.

Among the most common concerns he deals with are breast cancer, colon cancer and prostate cancer, as well as leukemia. lymphoma and multiple myeloma. People with anemia, who are lacking iron, are also frequent patients.





The reason?

"We have a more elderly population, so usually the type of problems I deal with are proportionate with age," he says. "I would say 90-plus percent of the cancers are environmental."

He notes that although the risk factors with cancer and blood disease vary, the best prevention ultimately boils down to the basics: don't smoke, minimize alcohol consumption, exercise and eat healthy. He advises getting routine exams and screenings to recognize and treat early signs of these conditions.

Despite the critical nature of his career. Wang has developed a dependable worklife balance, even as the two sometimes overlap. He'll often coordinate with friends in California and Texas to attend a conference together, so they're learning something new while enjoying each other's company. But if time allows, Wang prefers to travel a bit farther.

The Taiwan native will usually make an annual trip home to visit friends and family. Some of his favorite globetrotting experiences include jaunts to Poland, Estonia and Italy, as well as some closer destinations, like Costa Rica and the

"It's good to temporarily forget about your routine, and it does energize mentally and physically," he says. Doctor's orders.



PAUL GARDNER. M.D.

PLASTIC SURGERY

When he was a young medical student at the University of Florida, Dr. Paul Gardner witnessed a correcting operation on a baby with a cleft lip.

"(There were) very few times in my life when I realized, 'That's what I want to do' ... but that was one of them." he says.

Taking a departure from his original plan to become a cancer specialist, Gardner, 59, earned his Doctor of Medicine degree and went on to complete a fellowship in plastic surgery from the University of Alabama at Birmingham. He quickly joined the faculty, and spent a decade at the school as a professor, teaching residents plastic surgery and planning the curriculum for medical students, while still managing his own practice.

"Part of that practice was reconstruction for breast cancer patients ... but it was always patients that we're kind of making whole after having an operation that took a part away from them," he explains. "A positive result in a negative environment."

Gardner juggled teaching and operating for years until he started to fear that his work-life ratio was beginning to teeter dangerously off balance. So Gardner left his position at the university and moved to Naples, where he opened Gardner Plastic Surgery, his own private practice.

He's consistently impressed by local residents, noting that the population is exceptionally fit and active. "My patients are ... people who are very vibrant and enthusiastic about life and they've taken good care of their bodies," he says. "The effects of age on their appearance just doesn't sync with how they feel on the inside."

He takes a natural approach to his surgeries, performing minor facelifts and body enhancements and giving fillers or Botox. The result is a subtle improvement that leaves the patient glowing.

In what he coins as the three keys to longevity, Gardner advocates for limited sun exposure, exercise and healthy weight maintenance. "Protect the skin of your face with a hat and sunscreen, because the difference in somebody who is a sun worshiper when they're younger and one who didn't is night and day," he says. "The second biggest thing is exercise—just the difference between muscle tone that you've maintained all your life into your older years makes a huge difference in how much your skin sags. And the third thing would be to try to maintain a good,

healthy weight." Gardner loves the Florida lifestyle, but says that one day he would like to split his time between here and Colorado, where he and his family retreat to ski every winter. "We've done it since the kids were three and they're great skiers," he says.

Back home, boating is a favorite pastime for Gardner, his wife and their rescue lab/bull terrier mix, Hunter. The doctor quickly assumes a reverence when he speaks of his wife's talent in tennis. "She plays like five days a week ... at a very competitive level," he says. Attesting to the bond of their relationship, Gardner adds, "I'm starting to take lessons, though, so hopefully I'll be able to maybe be on a mixed doubles team with her someday."

TOP DOCTORS

SUMMER/FALL 2020

Cynthia D. Hensley 26661 Dublin Woods Circle Bonita Springs (239) 390-9933 Skin Cancer

Bradley T. Kovach NCH Downtown Naples Hospital Florida Coastal Dermatology 801 Anchor Rode Drive, Ste. 100 Naples (239) 263-1717 Skin Cancer and Moles, Mohs Surgery, Medical Dermatology, Cosmetic

Rebecca W. Lambert The Woodruff Institute 2235 Venetian Court. Naples (239) 596-9337 Skin Cancer, Mohs

Dermatology

Laertes A. Manuelidis Associates in Dermatology8381 Riverwalk Park Blvd., Ste. 101 Fort Myers (239) 936-5425 Melanoma. Dermatopathology, Genetic Disorders-Skin

Stephen A. Spencer Coastal Dermatology and Skin Cancer Center 1617 Tamiami Trail Port Charlotte (941) 613-2400 Skin Cancer, Mohs Surgery, Nail Diseases, Hair Loss

Cynthia R. Strohmeyer Dermatology Specialists of Naples 702 Ĝoodlette-Frank Road N., Ste. 200 Naples (239) 261-2255 Cosmetic Dermatology, Botox Therapy, Dermatologic Injectables and Fillers, Skin Laser Surgery-Resurfacing

Anne Marie Tremaine Skin Wellness Physicians 8625 Collier Blvd. Naples (239) 732-0044 Medical Dermatology Cosmetic Dermatology, Skin Cancer, Acne

Michael S. Tucker Riverchase Dermatology 9125 Corsea Del Fontana Way, Ste 100 Naples (239) 598-4004 Skin Cancer, Cosmetic Dermatology, Botox and Collagen Therapy

Daniel Wasserman Riverchase Dermatology Skin Wellness Physicians 8625 Collier Blvd (239) 732-0044 Skin Cancer, Mohs Surgery, Dermatolgic

Cynthia J. Yag-How-Yaa-Howard Derma-1000 Goodlette-Frank Road N., Ste. 100 Naples

(239) 529-3376 Cosmetic Dermatology, Skin Cancer, Acne Lisa D. Zack

NCH Downtown Naples Hospital Florida Coastal Dermatology 801 Anchor Rode Drive Ste. 100 Naples (239) 263-1717 Skin Cancer and Moles Mohs Surgery, Medical Dermatology, Cosmetic Dermatology

DIAGNOSTIC RADIOLOGY

Stuart A. Bobman Gulf Coast Medical Center-Fort Myers Radiology Regional Center 3680 Broadway

Fort Myers (239) 936-2316 Neuroradiology

Edward Danehy Gulf Coast Medical Center-Fort Myers Radiology Regional Center 3680 Broadway Fort Myers (239) 936-2316 MRI, CT Scan, Body Imaging

Harmindar Gill Lee Memorial Hospital Gulf Coast Medical Center-Fort Myers Premier Women's Radiology 27160 Bay Landing Drive. Ste. 201 Bonita Springs (239) 494-4300 Mammography, Breas Cancer

Randolph J. Knific Gulf Coast Medical Center-Fort Myers Radiology Regional Center 3680 Broadway Fort Myers (239) 936-2316 Interventional Radiology, Pediatric Radiology

Brian A. Krivisky Gulf Coast Medical Center-Fort Myers Radiology Regional 3680 Broadway Fort Myers (239) 936-2316 Interventional Radiology

Lawrence D. Leigh Gulf Coast Medical Center-Fort Myers Radiology Regional Center 3680 Broadway Fort Myers (239) 936-2316 Interventional Radiology

James S. Lim Physicians Regional Medical Center-Collier Blvd.

Physicians Regional Medical Center-Pine Ridae Naples Radiologists 1441 Ridge St. Naples (239) 262-2708 Neuroradiology

Thomas G. Presbrey Lee Memorial Hospital Florida Radiology Consultants 8791 Conference Drive Fort Myers (239) 938-3500 Neuroradiology

Hosie K. Riley Rayfront Health Port Charlotte Bayfront Health Punta Gorda Millennium Physician Group 3430 Tamiami Trail Port Charlotte (855) 674-4624

Eric E. Vensel Radiology Regional Center3660 Broadway Fort Myers (239) 936-4068 Interventional Radiology

Theresa Vensel Gulf Coast Medical Center-Fort Myers Radiology Regional Center 700 Goodlette-Frank Road N. Naples (239) 936-2316 Women's Imaging, Mammography

ENDOCRINOLOGY, DIABETES AND METABOLISM

Vita Anksh NCH North Naples Hospital EndocrinologyCenter of Naples 9010 Strada Stell Court, Ste. 203 Naples (239) 254-1316 Diabetes, Osteoporosis, Thyroid Disorders

Todd D. Brodie Endocrine Specialists 730 Goodlette-Frank Road N., Ste. 205 Naples (239) 436-3666 Thyroid Disorders, Osteoporosis

Arelis M. Madera Millennium Physician Group 3611 Tamiami Trail, Ste. B Port Charlotte (941) 235-0542 Diabetes

FAMILY MEDICINE

Douglas Boynton NCH Downtown Naples Hospital Millennium Physician Group 400 8th St. N. (239) 649-3303

Charles H. Curtis Physicians' Primary Care of Southwest Florida 1255 Viscava Parkway. Ste 200 Cape Coral (239) 574-1988

Manuel A. Garcia Lee Memorial Hospital HealthPark Medical Center Lee Physician Group Department of Family Medicine 9131 College Pointe Court Fort Myers (239) 343-9100 Chronic Illness, Preventive Medicine

Jesse H Haven

NCH North Naples Hospital NCH Downtown Naples Hospital NCH Physician Group 870 111th Ave. N., Ste. 9 and 10 Naples (239) 624-8200 Concierge Medicine

Gregory E. Krill Lee Memorial Hospital Lee Physician Group

16271 Bass Road Fort Myers (239) 343-7100 Geriatric Medicine, Hypertension, Cholesterol/Lipid Disorders, Diabetes

Andrew J. Oakes-Lottridge Lee Memorial Hospital Gulf Coast Medical Center-Fort Myers Private Physicians of Southwest Florida 9722 Commerce Center Court Fort Myers (239) 415-1111

Concierge Medicine

Robert A. Poling Polina Medical Center 606 Bald Eagle Drive, Ste 302 Marco Island (239) 393-2200 Sports Medicine, Heart

Disease, Diabetes,

Port Charlotte

(941) 613-1356

Preventive Medicine

Arturo Rodriguez-Martin Fawcett Memorial Hospital 22099 Elmira Blvd

> Ketan Trivedi Physicians Regional Medical Center— Pine Ridge Physicians Regiona Medical Center-Collier Blvd. Physicians Regiona Medical Group 6101 Pine Ridge Road Naples

> > GASTROENTEROLOGY

(239) 348-4221

James Amontree Fawcett Memorial Hospital Bayfront Health Port Charlotte 2400 Harbor Blvd. Ste. 9 Port Charlotte (941) 764-6664 Endoscopy and Colonoscopy, Colon and Rectal Cancer Detection, Liver Disease, Digestive Disorders

Michael Eric Cohen and Rectal Cancer Physicians Regional Medical Center-Evelyn R. Kessel Pine Ridge Gulf Coast Medical Physicians Regional Center-Fort Myers Medical Center-Gastro Health 9400 Gladiolus Drive. Collier Blvd. Physicians Regional Ste. 250 Medical Group Fort Myers 6101 Pine Ridge Road, (239) 561-7337 Desk 22 Colon Cancer Screening Naples Irritable Bowel (239) 348-4221 Colon Cancer Screening Disorders, Endoscopy Crohn's Disease IIIcerative Colitis, Celiac

Disease

Fort Myers

(239) 275-8882

Celiac Disease,

Colon Cancer Screening

Hepatitis, Endoscopy

David M. Gutstein

Gulf Coast Medical

Center-Fort Myers

15740 New Hampshire

Physician Group

Millennium

Fort Myers

(239) 466-8838

Endoscopy and

Colonoscopy,

Colon Cancer

Associates in

Cape Coral

H. Scott Harris

Digestive Health

(239) 772-3636

Colon Cancer,

Endoscopy and

Colonoscopy

Associates in

Digestive Health

Cape Coral Hospital

625 Del Prado Blvd. S.

William Richard Keith

625 Del Prado Blvd. S.

Cape Coral Hospital

Court,

Dennis M. Meighan Gulf Coast Medical Center-Fort Myers Brian D. Feiock Gastro Health 7152 Coco Sabal Lane Gulf Coast Medical Center-Fort Myers Fort Myers Cape Coral Hospital (239) 939-9939 Gastroenterology Endoscopy, Biliary Associates of Disease Southwest Florida 4790 Barkley Circle Brent M. Myers A Building

Cape Coral

(239) 772-3636

Gastroesophageal Reflux

Cancer Screening, Colon

Syndrome, Swallowing

Disease (GERD), Colon

Gulf Coast Medical Center-Fort Myers Gastro Health 9400 Gladiolus Drive Ste. 250 (239) 561-7337 Colon Cancer Screening. Liver Disease, Hepatitis Transplant Medi-

Shardul A. Nanavati

Physicians Regional Medical Center— Pine Ridge Physicians Regional Medical Center— Collier Blvd. Advanced Gastroenterology of Naples 4760 Tamiami Trail N., Ste. 27 Naples (239) 593-9599 Colon Cancer Screening. Pancreatic/Biliary Endoscopy (ERCP), Endoscopic Ultrasound

Raymond W. Phillips NCH Downtown Naples Hospital Gastroenterology

Group of Naples 1064 Goodlette-Frank Road N. (239) 649-1186 Inflammatory Bowel Disease, Endoscopy

Neekaytan Sharma Gulf Coast Medical Center-Fort Myers Cape Coral Hospital Gastroenterology Associates of Southwest Florida 4790 Barkley Circle, A Building Fort Myers (239) 275-8452

(ERCP)

Endoscopy and

Colonoscopy, Liver

Disease, Pancreatic

Biliary Endoscopy

Christopher G. Sofianos Gulf Coast Medical Center-Fort Myers Gastro Health 7152 Coca Sabal Lane Fort Myers (239) 939-9939 Endoscopy and Colonoscopy, Gastroesophageal Reflux Disease (GERD), Inflammatory Bowel Disease

GERIATRIC MEDICINE

Leela R. Bolla

NCH Downtown Naples Hospital Physicians Regional Medical Center-Collier Blvd. Medical Associates 1890 Southwest Health Parkway, Ste. 100 Naples (239) 597-0544 Concierge Medicine, Palliative Care

Ronald T. Garry NCH Downtown

Naples Hospital NCH North Naples Hospital Naples Premier Con-1112 Goodlette-Frank Road. Ste. 202 Naples

(239) 692-8495 Alzheimer's Disease Concierge Medicine

Daniel B. Kaplan NCH Downtown Naples Hospital Physicians Regional Pine Ridae South Florida Medical Group 9150 Galleria Court, Ste. 200 Naples

(239) 596-3300

Nutrition Obayedur R. Khan NCH Downtown Naples Hospital Concierge Medical of Naples 599 Tamiami Trail N., Ste. 204

GYNECOLOGIC ONCOLOGY

Drive,

Gynecologic Can-

cers, Gynecologic

Surgery-Complex,

HAND SURGERY

Sandra B. Collins

Orthopedic Center

of Florida

Lee Memorial Hospital

Endometriosis.

Uterine Cancer

(239) 304-8902

Concierge Medicine

Fadi Abu Shahin Lee Memorial Hospital 21st Century Oncology Florida Gynecologic Oncology 8931 Colonial Center Drive,

Ste. 230 Ste. 400 Naples Fort Myers (239) 334-6626 Wound Care Gynecologic Cancers.

Minimally Invasive Surgery, Palliative Care Lee Memorial Hospital Health Park Medical James W. Orr Lee Physician Group Lee Memorial Hospital 21st Century Oncology 9981 S. HealthPark Florida Gynecologic Drive,

Oncology Ste. 454 8931 Colonial Center Fort Myers (239) 343-9710 Ste. 400 Travel Medicine Fort Myers (239) 334-6626

INTERNAL MEDICINE

Pavan K. Anand NCH Downtown Nanles Hospital Naples Internal Medicine Associates 599 9th St. N., Ste. 210 Naples (239) 435-1999 Diabetes, Geriatric Medicine

12670 Creekside Lane, Ste. 202 Fort Myers (239) 482-2663 Hand and Microvascular Surgery, Upper Extremity Surgery,

INFECTIOUS DISEASE

Ste. 370

Naples

Vakhtang M. Bochorishvili NCH Downtown Naples Hospital Physicians Regional Medical Center-Collier Blvd. Alan S. Galbut NCH Physician Group 800 Goodlette-Frank Road N.,

(239) 624-0800 Travel Medicine Douglas G. Brust Lee Memorial Hospital

McGregor Clinic 3487 Broadway Ave. Fort Myers (239) 334-9555

Christine Forszpaniak Naples Hospital 848 1st Ave. N.. (239) 434-7779

NCH Downtown Rajendra S. Sharma Naples Hospital Medical Center-Pine Ridge

Diane Brzezinski Dr. Diane Brzezinski

1250 Pine Ridge Road, Ste. 101A Naples (239) 266-3205 Integrative Medicine Preventive Medicine

George W. Ferguson

NCH Downtown Naples Hospital NCH North Naples Hospital 787 4th Ave S Naples (239) 352-5600 Concierge Medicine

NCH North Naples Hospital Physicians Regional Medical Center-Collier Blvd. Millennium Physician Group 90 Cypress Way, Ste. 10 Naples (239) 649-3326

Ernest Gesiotto Lee Memorial Hospital Internal Medicine of Southwest Florida 6311 South Pointe Blvd. Ste. 100 Fort Myers (239) 275-0040

Eric J. Hochman Physicians Regional Gulfshore Concierge Medicine

1350 Tamiami Trail N., Ste. 101 Naples (239) 325-1020 Concierge Medicine, Rheumatology

Timothy A. Janz Bayfront Health Punta Gorda Bayfront Health Port Charlotte Harborside Internal Medicine 522 E. Marion Ave. Ste. 201 Punta Gorda (941) 505-6033 Preventive Medicine, Concierge Medicine

Nena Korunda Physicians Regional Medical Center-Pine Ridae Korunda Medical Institute 4513 Executive Drive Naples (239) 431-6464 Preventive Medicine, Hypertension, Diabetes, Weight Management

Bruce Lipschutz Lee Memorial Hospital Millennium Physician Groun 13691 Metro Parkway Fort Myers (239) 236-7780 Palliative Care

David S. Madwar NCH Downtown Naples Hospital 1400 Gulfshore Blvd. N. Ste. 166

Naples (239) 352-5550 Concierge Medicine Preventive Medicine Women's Health, Geriatric Medicine

Bryan C. Murphey NCH Downtown Naples Hospital 11181 Health Park Blvd., Ste. 1165 Naples (239) 624-0320

Patricia S. Poling Poling Medical Center 606 Bald Eagle Drive, Ste 302 Marco Island (239) 393-2200 Women's Health Nutrition, Weight Management

Gary Mitchell Price Lee Memorial Hospital Gulf Coast Medical Center-Fort Mvers Private Physicians of Southwest Florida 9722 Commerce Center Court Fort Myers (239) 415-1111 Concierge Medicine, Nutrition

Robin Roth NCH Downtown Naples Hospital 1020 Goodlette-Frank Road Naples (239) 514-7100 Concierge Medicine

Telemedicine

Robert Sadaty

NCH North Naples Hospital 1845 Veterans Park Drive, Ste. 210 Naples (239) 624-0530 Diabetes, Wound Care Preventive Medicine

David I. Sommerfeld NCH Downtown

Naples Hospital Millennium Physician Group 11181 Health Park Ste. 3030 Naples (239) 249-8996 Diabetes, Hypertension Cholesterol/Lipid Disorders, Preventive Medicine

Julie R. Southmayd

NCH Downtown Naples Hospital NCH Concierge Medicine 311 9th St N., Ste. 306 Naples (239) 624-0340 Concierge Medicine

David Lee West

Lee Memorial Hospita Gulf Coast Medical Center-Fort Myers Private Physicians of Southwest Florida 9722 Commerce Center Court Fort Myers (239) 415-1111 Preventive Medicine

INTERVENTIONAL CARDIOLOGY

Joseph Califano Physicians Regional Medical Center-Collier Blvd. Millennium Physician Group 400 8th St N Naples (239) 261-5511 Coronary Angioplasty Stents, Peripheral Vascular Disease. Cardiac Catheterization

Terence P. Connelly Bayfront Health Port Charlotte

Fawcett Memorial Hospital Charlotte Heart and Vascular Institute 3340 Tamiami Trail Port Charlotte (941) 764-5858 Cardiac Catheterization Angioplasty and Stent Placement

Michael S. Flynn

NCH Downtown Naples Hospital NCH Heart Institute 399 9th St. N., Ste. 300 (239) 624-4200 Coronary Artery Disease, Heart Valve Disease, Cholesterol Lipid Disorders Coronary Angioplasty/ Stents

Robert M. Grohowski HealthPark Medical Center Lee Memorial Hospital Millennium Physician 13813 Metro Parkway Fort Myers (239) 215-4065 Angioplasty and Stent

David Hotchkiss

Placement, Arrhythmias

Bayfront Health Port Charlotte Fawcett Memorial Hospital Peace River Cardiovascular Center 4161 Tamiami Trail, Ste. 701 Port Charlotte (941) 629-5356 Angioplasty and Stent Placement, Coronary Artery Disease, Nuclean Cardiology, Peripheral Vascular Disease

Vladimir K. Ilic Gulf Coast Medical Center-Fort Myers Lee Memorial Hospital Lee Physician Group Cardiology 13340 Metro Parkway, Ste. 200 Fort Myers (239) 343-0550 Echocardiography, Nuclear Cardiology

MARK GOROVOY, M.D. OPHTHALMOLOGY

Dr. Mark Gorovoy, 68, entered medicine determined to be a world's expert on some facet of health science. He reveals that he would have been completely content as a doctor of any specialty, but the gratification that comes with performing surgery on something as anatomically intricate as the human eye ultimately won him over.

"We have six or seven specialties in the eyeball itself," says the ophthalmology sub-specialist. "I'm dealing with a structure the size of your fingernail."

Gorovoy attended medical school at George Washington University, where he earned his Doctor of Medicine degree in 1977. He completed his residency in ophthalmology there as well, and continued with a fellowship at University of Florida in Gainesville, studying the cornea and the specialty of external diseases on the eye.

It was during this fellowship that he took note of all the patients from Florida's Southwest coast driving several hours north to be treated at the corneal transplant center in Gainesville. After making the decision to go into practice, Gorovoy felt prompted to address the need for a corneal specialist in Southwest Florida, and quickly became the first.

Gorovoy helped pioneer the DSAEK procedure, which revolutionized the way corneal transplants were handled. Prior to DSAEK, any disease of the cornea required the entire cornea—all the layers—to be cut out and replaced with a donor transplant. "There were all kinds of issues, though," says Gorovoy. "If you got hit in the eye, it can rupture. Stitches could break. Healing was a problem-you're cutting the nerves

and you had to take drops for rejection."

(1)

In the DSAEK method, only the affected layer of the cornea is removed; it, too, is replaced with a donor equivalent. He is also at the forefront of new research that may eventually eliminate the need for a transplant altogether. The new method would "correct it biologically" by removing the diseased cells from the corneal layer and inserting a chemical that would generate new cells.

Gorovoy jokes that he started a trend by entering the medical field—all three of his children are now doctors. Two are ophthalmologists; his daughter, Stacey, joined his practice about eight years ago.

When he's not performing surgeries or serving as the chief ophthalmologist for Lee Health, Gorovoy is still consumed by his field. "I'm reading and I go on e-service lists, I lecture and write papers," he says.

He's often invited to teach residents at various medical schools, and will lecture to fellow ophthalmologists in professional meetings around the country. Although his longtime passion for playing basketball has tapered off in recent years, he keeps fit by working out in his home gym.

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HEALTHY LIFE

Murali Muppala Gulf Coast Medical

Center-Fort Myers Lee Memorial Hospital Lee Physician Group Cardiology 13340 Metro Parkway, Ste. 200 Fort Myers (239) 343-0550 Carotid Artery Disease. Peripheral Vascular Disease

Maurice Stephen Schneider

NCH Downtown Naples Hospital 399 Tamiami Trail N., Briggs Building Naples (239) 624-4200 Cardiac Catheterization Angioplasty and Stent Placement, Pacemakers/ Defibrillators

MATERNAL AND FETAL MEDICINE

Judith Krammer

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Cancer

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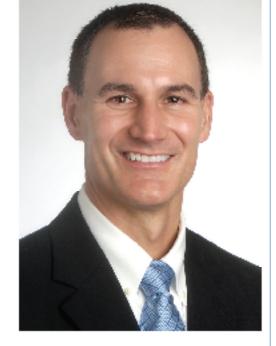
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Dr. Humbert obtained a degree in mechanical engineering from the University of Florida and a master's in biomedical engineering from the University of Alexon. After medical school and orthopedic residency at Ohio University, he completed a fellowship in total joint replacement. When it comes to hip and lines replacement, Dr. Humbert truly is "The Best Surgeon in the Joint."



Edward Humbert, D.O., MS Joint Implant Surgeons of Plorida



DENISE DRAGO, M.D.

PEDIATRICS

Dr. Denise Drago, 39, always knew that she wanted to work with kids, even when she was a child herself. But with all the career possibilities in medicine, Drago wanted to keep an open mind as she proceeded through her studies at the University of Illinois and Penn State College of Medicine before making a selection.

Drago ultimately chose pediatrics for its positive environment. "Kids are always happy; no matter how sick they are, they're always playing or doing things," she explains. "There are a lot more fun things that you get to do—I get to talk to my kids about superheroes. Those things you don't really find in adults."

At Golisano's Children's Hospital and Lee Physician Group, Drago sees children from birth to age 22 for health checkups, growth development and behavioral issues. "Pediatrics in general is kind of a mix between sick and well, so it's depending on the season and what's going on in life. A lot of times during the summer, when schools are ramping up to get back in session, we do a lot of well-child checks," she says. "Then during (winter) we do a lot more sick visits."

While the issues and needs vary with the range of patients she sees, Drago still makes sure to inform every family on the best health practices for children. Among them, maintaining an active lifestyle and eating a healthy, well-rounded diet.

"We talk about eating fruits and vegetables and making sure we're getting enough sleep and keeping our screentime down," she says.

Drago takes a keen interest in preventing childhood obesity, and recently gave a talk on its correlation to screen addiction.

Citing the findings of recent studies, Drago says that "for every hour of screen time that you increase, your BMI percentage increases." This has shown to be especially common among preschool-aged children, though older kids are not exempt. "The recommendation we have right now is two hours (of screen time), but a lot of statistics show that's probably still too much," she explains. "The average teen or 'tween is doing about eight to nine hours of screen time a day. So getting it down to two is a

But this goal isn't unattainable. Drago adds that the moderate year-round temperatures in Southwest Florida make it an ideal location for more outdoor activities—not just for children, but adults, too. She's a fan of the Gulf lifestyle herself.

"I've taken up running in the last couple years," she says. "I work out before work in the morning, because that's the easiest time to get things done."

When running isn't in the plans, Drago opts for a walk around the neighborhood with her Shih Tzu-mix puppy. "Definitely not a running dog," she laughs, "but he walks very well!"

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Kenneth J. Galang Georgia Rocha-Lee Memorial Hospital Rodriquez 13710 Metropolis Ave. Health Park Ste. 110, Medical Center Fort Myers Golisano Children's (239) 225-0129 Hospital of Southwest Pain Management, Pain-Low Back, Physicians' Primary Care Pain-Neck of Southwest Florida Division of Pediatrics Colin Kanar

Rehabilitation

(239) 593-0918

Brain Injury Rehabili-

Injuries, Pediatric

Rehabilitation

tation, Musculoskeletal

Rehabilitation, Stroke

Ste. 101

Naples

Associates of Naples

1855 Veterans Park

NCH Downtown Naples Hospital Physicians Regional Medical Center-Pine Thomas M. Schiller Ridge Rehabilitation Hospital of Southwest Associates of Naples 11983 Tamiami Trail N., Ste. 100D Naples (239) 593-0918 Pain Management, Pain-Back and Neck, Sports Medicine, Stroke Rehabilitation

> E. Sean Kelley 730 Goodlette-Frank Road, Ste. 203 Brennan Medical Building Naples (239) 643-1071 Pain Management

David W. Krueger Collier Neurologic Specialists 3200 Bailey Lane, Ste. 200 Pain-Musculoskeletal

Robert T. O'Leary Physicians Regional Medical Center-Collier Blvd. Physicians Regional Medical Center-Pine Ridge Physicians Regional Medical Group 24231 Walden Center **Bonita Springs** (239) 348-4221 Pain-Back, Musculoskeletal Injuries. Joint Pain-Minimally Invasive

Neil R. Schultz Lee Memorial Hospital Rehab and Pain Management Services 1630 Medical Lane, Ste B Fort Myers (239) 278-5700 Pain-Back and Neck, Arthritis

PLASTIC SURGERY

Christopher G. Constance Bayfront Health Port Charlotte Bayfront Health Punta Gorda Laser Plastic Surgery Center 2525 Harbor Blvd., Ste. 310 Port Charlotte (941) 639-5665 Cosmetic Surgery-Face and Body, Breast Augmentation. Skin Cancer.

Laser Surgery-Skin

Resurfacing

Rebecca L. Crane NCH Downtown Naples Hospital NCH North Naples Hospital Cosmetic Surgeons of Naples 671 Goodlette-Frank Road N., Ste. 110 Naples (239) 263-6766 Cosmetic Surgery-Face and Body, Reconstructive Plastic Surgery. Skin Cancer

Audrey Farahmand Lee Memorial Hospital Gulf Coast Medical Center-Fort Myers Farahmand Plastic 12411 Brantley Commons Court Fort Myers (239) 332-2388 Cosmetic Surgery-Face and Body, Breast Augmentation, Facial Reiuvenation, Liposuction and Body Contouring

Paul M. Gardner

NCH Downtown Nanles Hospital Gardner Plastic Surgery 1250 Pine Ridge Road, Ste 101C Naples (239) 566-2611 Cosmetic Surgery-Face and Body, Breast Augmentation, Liposuction and Body Contouring. Rhinoplasty

Ralph R. Garramone Lee Memorial Hospital Garramone Plastic Surgery 12998 S. Cleveland Ave. Fort Myers (239) 482-1900 Cosmetic Surgery-Face and Breast, Cleft Palate/Lip, Facial Reiuvenation, Liposuction and Body Contouring

Lorraine M. Golosow Lee Memorial Hospital Associates in Cosmetic Surgery 3700 Central Ave., Ste. 1 Fort Myers (239) 939-5233 Cosmetic Surgery, Breast Augmentation, Abdominoplasty, Liposuction

Kent V. Hasen NCH Downtown Naples Hospital Aesthetic Plastic Surgical and Med Spa of Naples 3699 Airport Pulling Road N. Naples (239) 262-5662 Cosmetic Surgery-Face, Breast Cosmetic and Reconstructive Surgery Liposuction and Body Contouring, Body Contouring after Weight Loss

Michael K. Kim Lee Memorial Hospital Associates in Cosmetic Surgery 3700 Central Ave., Ste. 1 Fort Myers (239) 939-5233 Breast Augmentation Liposuction and Body Contouring, Facial Rejuvenation, Cosmetic Manuel M. Pena NCH Downtown

Naples Hospital NCH North Naples Hospital Pena Plastic Surgery 6370 Pine Ridge Road, Ste 101 Naples (239) 348-7362 **Breast Augmentation** Liposuction and Body Contouring, Cosmetic Surgery-Face, Botox Therapy

Andrew E. Turk Physicians Regiona Medical Center-Pine Ridge Naples Cosmetic Surgery Center 6101 Pine Ridge Road, Ste. 15 Naples (239) 348-4357 Cosmetic Surgery-Face. Breast Augmentation, Liposuction and Body Contouring, Facial Rejuvenation

PSYCHIATRY

Bernardo J. Arias Bayfront Health Port CharlotteElite DNA Therapy 3191 Harbor Blvd., Ste. A Port Charlotte (941) 883-4518 Geriatric Psychiatry

Richard J. Capiola Physicians Regional Medical Center-Collier Blvd. 9001 Tamiami Trail E. Ste. 100 Naples (239) 775-4500 Anxiety and Depression

Jerry S. Kantor 3949 Evans Ave., Ste. 203 Fort Myers (239) 936-3202 Anxiety Disorders, Addiction/Substance Abuse, Panic Disorder

Steven R. Machlin 6820 Porto Fino Circle Fort Myers (239) 225-1364 Depression, Bipolar,

SHONA VELAMAKANNI. M.D.

CARDIOVASCULAR DISEASE

"I definitely wanted to pick a profession that would make a difference," says Dr. Shona Velamakanni, a noninvasive cardiologist at NCH Healthcare System. "The two things I really liked (about cardiology) was that not only are you helping people by hopefully curing diseases and making people feel better, but there's a lot of education that I do."

Velamakanni, 42, attended medical school at Rutgers New Jersey Medical School before completing her internal medicine residency and cardiology training at Georgetown University's Washington Hospital Center.

After having her first child, Velamakanni and her husband, who's also a cardiologist, moved to Naples to be closer to family. Coming from Washington D.C., the couple had to adjust only briefly to the smaller city before finding their place. "NCH really allowed me to have that academic feel that I had left in a big city, and allowed me to focus on my area of practice in a big group setting where we could collaborate," she recalls. And that feeling has paid off—she recently hit her 10-year mark with the hospital.

Velamakanni specializes in cardiac imaging and cardiovascular disease prevention, which means that she'll assess a patient's medical history and lifestyle practices to see what could be affecting their heart health. Patients who have had heart attacks or have risk factors like high blood pressure, high cholesterol, rhythm disorders or valvular problems come in to have these issues treated.

"Eighty percent of cardiovascular disease is lifestyle-related," Velamakanni says. Which means? "You can modify it. You have every opportunity to change where you are and where your trajectory is."



What she's taken note of lately, however, is that the overlap rate between cancer and heart disease is really high—"so a lot of the same issues that affect the heart actually help prevent cancer, too," she adds.

Velamakanni notes that even small changes can significantly reduce one's chance of experiencing a heart event. "I really focus on making sure that patients are eating well, exercising, sleeping, and have a passionate life that keeps them going," she says. "One little step at a timewhether it's a healthy change once a day or once a week or once a month-whatever pace they're at, every change you make it one step in the right direction."

With both her and her husband working as cardiologists in Naples, free time is hard to come by. The couple have three young children, so Velamakanni is often busv grocery shopping and cooking dinner for the family. But they still manage to strike a balance with outdoor activity. "I used to play a lot of basketball growing up, so I'll play basketball with my boys and my daughter, too," she says. The family likes to travel to California, though Velamakkani has her sights set on Europe for the next trip. Her summer getaway to Spain was canceled due to COVID-19, but Velamakkani keeps a positive outlook for future travel—"maybe once we let a little time go by," she says laughing.



CYNTHIA STROHMEYER. M.D.

DERMATOLOGY

As a graduate student at Louisiana State University Medical School, Dr. Cynthia Strohmeyer, 60, reached a fork. "I had narrowed it down to pretty much doing dermatology, which I loved, or else radiology, because radiology is another visual field." she says. "But dermatology won out, head and shoulders above. I like to talk to people and I couldn't imagine sitting in a little room and looking at the screens all day long."

After securing her Medical Doctorate at LSU, where she met her husband, Strohmeyer went on to complete her residency and training in dermatology at Duke University Medical Center.

She explains there's instant gratification as a doctor in dermatology. "I just loved the fact that you could walk in a room, and rather than have to get at this whole history on how the patient feels, vou could almost look at the rash and be able to tell somebody what it is," she says.

When seeing new patients in her practice, Strohmeyer assesses the overall health and appearance of their skin. pointing out areas that show signs of sun damage and reviewing the basics of skincare. She explains that while skin cells do

renew, a person's repair enzymes, which

work to reverse the effects of skin dam-

age, are limited. "The more sun you get, the more those repair enzymes are depleted," she says. "But retinoids were proven close to 30 years ago to help repair DNA damage and skin cells, so that helps with correcting some of the changes from sun exposure."

She'll usually recommend her patients to use a combination of sunscreen, retinoids and a topical DNA repair enzyme cream to fight off skin damage. "This isn't like doing major chemical peels and laser peels," she says. "This is simple stuff that evervbody can do."

For those who have already suffered some of the effects of sun damage and want to improve their appearance, Strohmeyer recommends minor procedures, like Botox, Dysport or Juvederm, to soften facial wrinkles and grooves. "They come back every six months to a year and we do little tweaks on them-a little bit of neurotoxin, a little bit of filler just to keep them plumped up," Strohmeyer says.

Her long days at the office are Tuesdays through Thursdays, with Fridays being a shorter day before a three-day weekend. "Mondays are my day off, the day that I do paperwork, run errands. That all historically started when my husband and I had our kids," she says.

While her kids are now grown, those long weekends provide ample time to catch sunsets and exercise on her Peloton. But when she and her husband-a facial plastic surgeon-manage to have more than three days off, they'll head to their home in the Bahamas and go snorkeling. "Whenever we get a long break," she says, "that's where I want to be.".



TOP DOCTORS

Mood Disorders, Obsessive-Compulsive Disorder

Marlene Steinberg 780 Fifth Ave S., Ste. 200 Naples (413) 695-6283 Dissociative Disorders, Post-Traumatic Stress Disorder, Anxiety and Mood Disorders, Stress

PULMONARY DISEASE

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Sadiq Al-Nakeeb

Advanced Critical Care Lung & Sleep 6101 Pine Ridge Rd, Fl 3, Desk 33 Naples (239) 920-4446 Asthma, Chronic Obstructive Lung Disease (COPD), Critical Care, Sleep Disorders/Apnea Joseph C. Daley

Cape Coral Hospital Gulf Coast Medical Center-Fort Myers Pulmonary Consultants of Southwest Florida 1031 SE, 9th Place Cape Coral (239) 574-2644 Bronchoscopy, Sleep Disorders/Apnea

Carlos E. Maas Bayfront Health Port Charlotte Fawcett Memorial Hospital Pulmonary Sleep and Critical Care Specialists 4235 Kings Highway. Ste 103 Port Charlotte (941) 613-1777 Sleep Disorders/Appea

Houtan Sareh HealthPark

Medical Center PCS of Southwest Florida 7335 Gladiolus Drive Fort Myers (239) 985-1925 Chronic Obstructive Lung Disease (COP-D), Lung Cancer, Sleep Disorders/Apnea

ONCOLOGY

Alan L. Brown Lee Memorial Hospita Cape Coral Hospital 21st Century Oncology 7341 Gladiolus Drive Fort Myers (239) 489-3420 Prostate Cancer, Breast Cancer, Lung Cancer, Colon and Rectal Cancer

Kenneth A. Tolep

PCS of Southwest Florida

7335 Gladiolus Drive

Asthma, Pulmonary

Obstructive Lung

Disorders/Apnea

RADIATION

Hypertension, Chronic

Disease (COPD), Sleep

Fort Myers

(239) 985-1925

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Chaundre K. Cross NCH Downtown

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Daniel E. Dosoretz

Lee Memorial Hospita Cape Coral Hospital 3080 Harbor Blvd. Port Charlotte (941) 883-2199 Prostate Cancer, Lung Cancer, Colon and Rectal Cancer, Head and Neck Cancer

Michael C. Hanus NCH Downtown Naples Hospital 21st Century Oncology 733 Fourth Ave. N. Naples (239) 436-5520 Prostate Cancer, Breast Cancer, Gastrointestinal Cancer, Genitourinary

Timothy L. Kerwin NCH Downtow

Naples Hospital Physicians Regional Medical Center-Collier Blvd 21st Century Oncology 955 10th Ave. N. Naples (239) 325-1440 Prostate Cancer, Breast Cancer, Lung Cancer, Colon and Rectal Cancer

Constantine A. Mantz Lee Memorial Hospital 21st Century Oncology 7341 Gladiolus Drive Fort Myers (239) 489-3420 Breast Cancer, Lung Cancer, Prostate Cancer,

Keith Miller Lee Memorial Hospital Gulf Coast Medical

Center-Fort Myers 21st Century Oncology 3680 Broadway Fort Myers (239) 936-0380 Lung Cancer, Prostate Cancer, Breast Cancer, Gastrointestinal Cancer

James H. Rubenstein Lee Memorial Hospital NCH Downtown Naples Hospital 3080 Harbor Blvd Port Charlotte (941) 883-2199 Breast Cancer, Prostate Cancer Colon and Rectal Cancer, Head and Neck Cancer

REPRODUCTIVE ENDOCRINOLOGY/ INFERTILITY

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Jacob L. Glock

Lee Memorial Hospital Southwest Florida Fertility Center 15730 New Hampshire Court. Ste. 101 Fort Myers (239) 561-3430 Infertility-IVF Menstrual Disorders, Miscarriage-Recurrent

Lee Memorial Hospital Gulf Coast Medical Center-Fort Myers

Craig R. Sweet

Specialists in Reproductive Medicine and Surgery 12611 World Plaza Lane, Building 53 Fort Myers **Gynecologic Cancers** (239) 275-8118 Infertility-IVF, Preimplantation Genetic

Trials, Infertility-Male

Diagnosis, Clinical

Jeffrey A. Alper NCH Downtown Naples Hospital 694 8th St. N., Unit A Naples (239) 262-655 Rheumatoid Arthritis,

> Allan M. Goodwin Physicians Regional

Medical Center-Pine Ridae Physicians Regional Medical Center-Collier Blvd. Physicians Regional Medical Group 6101 Pine Ridge Road (239) 348-4221 Osteoporosis. Polymyalgia Rheumatica Giant Cell Arteritis,

Aleksandra Granath Naples Rheumatology 400 8th St. N. (239) 430-5522 Rheumatoid Arthritis Psoriatic Arthritis. Scleroderma

Rheumatoid Arthritis

Leslie Tar

Bayfront Health Punta Gorda Bayfront Health Port Charlotte The Allergy and Arthritis Treatment Centers 22226 Westchester Blvd. Port Charlotte (941) 625-3402 Allergy, Arthritis, Immunology, Fibromyalgia

SPORTS MEDICINE

Dale Greenberg Bayfront Health Port Charlotte Fawcett Memorial Hospital Advanced Orthopedic Center 1641 Tamiami Trail. Port Charlotte (941) 629-6262 Shoulder and Knee

Surgery, Arthroscopic

Surgery

RHEUMATOLOGY

Luga Podesta Bluetail Medical Group 1201 Piper Blvd.. Ste. 24 Naples (239) 631-1960 Sports Injuries, Musculoskeletal Injuries, Fibromyalgia, Trauma Osteoporosis

SURGERY

Rie Aihra

Lee Memorial Hospital Regional Breast Care 8931 Colonial Center Drive, Ste. 301 Fort Myers (239) 277-0479 Breast Cancer and Surgery

P. Mark Bloomston Lee Memorial Hospital South Florida Surgical Oncology

8925 Colonial Center Drive. Ste. 2000 Fort Myers (239) 333-0995 Cancer Surgery. Hepatobiliary Surgery Liver Cancer, Pancreatic Lupus/SLE

Brian Kurland

Gulf Coast Medical Center-Fort Myers Vascular and General Surgical Specialists of Southwest Florida 13782 Plantation Road Ste. 103 Fort Myers (239) 936-8575 Aneurysm-Aortic, Carotid Artery Surgery. Vascular Surgery

David J. Lamon

NCH Downtown Naples Hospital NCH Physician Group 1726 Medical Blvd.. Ste. 203 Naples (239) 624-0390 Breast Surgery, Hernia, Colon and Rectal

Mark A. Liberman

Physicians Regional Medical Center-Pine Ridae Liberman Advanced Surgical 6101 Pine Ridge Road, Desk 12/13 (239) 348-4123 Bariatric/Obesity Surgery, Laparoscopic Surgery, Breast Surgery

David C. Ritter

Melanoma Center of Hope9776 Bonita Beach Road SE.. Ste. 102 **Bonita Springs** (239) 949-1777 Melanoma, Sentinel Node Surgery

Justin Warner

NCH Downtown Naples Hospital The Surgical Group of Naples 2335 Tamiami Trail N., Ste. 501 Naples (239) 263-0011

THORACIC AND CARDIAC SURGERY

Michael DeFrain HealthPark Medical Center

Shipley Cardiothoracic HealthPark Medical 9981 S. HealthPark Drive, Ste. 120 Fort Myers (239) 343-6341 Minimally Invasive Cardiac Surgery, Minimally Invasive Thoracic Surgery, Heart Valve Surgery, Lung Surgery

Paul L. DiGiorgi HealthPark Medical Center Shipley Cardiothoracic

Center HealthPark Medical Center 9981 S. HealthPark Drive. Ste. 120 Fort Myers (239) 343-6341 Minimally Invasive Cardiac Surgery, Minimally Invasive Thoracic

Surgery, Lung Cancer,

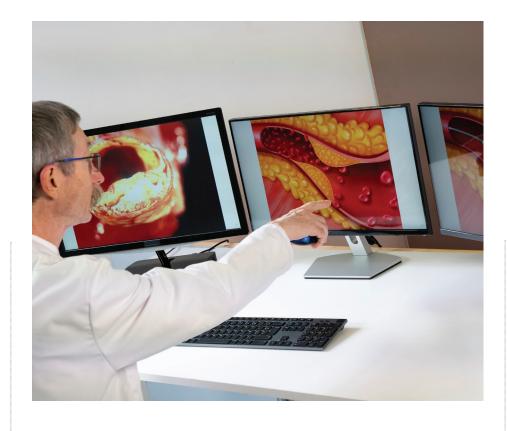
Heart Valve Surgery

Douglas Joyce

Fawcett Memorial Hospital Bayfront Health Punta Gorda Joyce Vein and Aesthetic Institute 25092 Olympia Ave., Ste. 500 Punta Gorda (941) 575-0123 Vascular Surgery

Scot C. Schultz Physicians Regional Medical Center-Pine 6101 Pine Ridge Rd Naples (941) 572-3610

Cardiothoracic Surgery Coronary Artery Surgery, Lung Surgery Heart Valve Surgery



UROGYNECOLOGY/ FEMALE PELVIC MED AND RECONSTRUCTION SURGERY

Joseph Gauta

NCH Downtown Naples Hospital Florida Bladder Institute 1890 Southwest Health Parkway, Ste 205e Naples (239) 449-7979 Incontinence-Urinary, Laparoscopic Surgery, Pelvic Floor Reconstruction, Pelvic Organ Prolapse Repair

UROLOGY

James D. Borden

Lee Memorial Hospital Cape Coral Hospital LPG Urology Group 12651 Whitehall Drive Fort Myers (239) 424-2030 Prostate Cancer. Bladder Cancer, Kidney Stones, Incontinence

Joanna K. Chon NCH Downtown

Naples Hospital Physicians Regional Medical Center-Pine Ridae Naples Urology Asso-

3291 Woods Edge Parkway, Ste. 100 **Bonita Springs** (239) 434-8565 Urology-Female, Pelvic Organ Prolapse Repair, Voiding Dysfunction

William M. **Figlesthaler** NCH North

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Laparoscopic Surgery,

my Reversal

Vasectomy and Vasecto-

David S. Harris

Center-Fort Myers Advanced Urology Institute 6811 Palisades Park Court. Suite 1 Fort Myers (239) 309-2547 Prostate Benign Disease, Kidney Stones, Minimally Invasive

Surgery, Kidney Cancer Jonathan K. Jay

Physicians Regional Medical Center-Pine Ridge NCH Downtown Naples Hospital Advanced Urology Institute 1035 Piper Blvd.,

Gulf Coast Medical

Naples (239) 228-8819 Urology-Female, Incontinence, Reconstructive Surgery, Voiding Dysfunction

Suite 101

Alejandro Miranda-Sousa

HealthPark Medical Center 21st Century Oncology 8931 Colonial Center Drive, Ste 100 Fort Myers (239) 226-2727 Neuro-Urology, Urody-

David K. Ornstein

NCH Downtown Naples Hospital Physicians Regional Medical Center-Pine Ridge

namics, Urologic Cancer

Naples Urology Asso-6101 Pine Ridge Road (239) 434-8565 Urologic Cancer, Robotic Surgery, Prostate Cancer

Kendall L. Wise NCH Downtown Naples Hospital

Physicians Regional Medical Center-Collier Blvd. Naples Urology Asso-1044 Goodlette-Frank Road N. Naples (239) 434-8565 Bladder Cancer. Incontinence, Prostate

Benign Disease,

Prostate Cancer

Paulos Yohannes

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VASCULAR SURGERY

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6821 Palisades Park Court, Ste. 1 Fort Myers (239) 936-8555 Vein Disorders

Southwest Florida

Bayfront Health Port CharlotteAdvanced Vein Center of Charlotte County 18316 Murdock Circle, Ste 107 Port Charlotte (941) 627-6700

Laura A. Gruneiro

Varicose Veins, Vein

Disorders

Michael Novotney Gulf Coast Medical Center-Fort Myers Lee Memorial Hospital Gulfcoast Vascular Surgeons 8010 Summerlin Lakes Drive. Ste. 100 Fort Myers (239) 939-1767 Vein Disorders

Hiranya A. Rajasinghe

NCH Downtown Naples Hospital Vascular Group of Naples

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