



FRAZER NORWELL

FREELANCE JOURNALIST

SKILLS

Journalism and news-gathering
News writing
Feature writing
Digital story telling
Adobe Suite
Working to deadlines
Quick thinking
Hard working
Social media
Documentary making
Filming and editing
Teamwork
Final Cut Pro
NCTJ diploma
Podcasting

EDUCATION

UNIVERSITY OF KENT

CENTRE FOR JOURNALISM

First Class Honours in Journalism
2016 - 2019

NATIONAL COUNCIL FOR TRAINING

OF JOURNALISTS

NCTJ diploma
2016 - 2019

CONTACT

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PROFILE

I am a motivated, determined and adaptable multimedia journalist with a versatile skill set.

My experience in the hospitality industry has given me great interpersonal skills. Adapting to a different language and culture in Norway, prove that I'm also willing to take on a challenge and step out of my comfort zone.

EXPERIENCE

ITV News- Coronavirus Unit | March 2020

- Picture logging and assisting the rest of the unit as well as news-eds and output team
- News gathering and identifying sources

ITV News- Assistant News Editor shifts | Jan- March 2020

- Booking guests for interviews and the Lunchtime News programme
- Interviewing sources, going out with crews on shoots and doorstepping

ITV News- Election Picture Logger | November- December 2019

- Responsible for logging all incoming election footage and passing on new and relevant information to producers and correspondents.
- Assisted special events and the Tonight team on other projects.

The Sun Video Desk- Freelance shifts | October 2019

- Editing and uploading content for The Sun's website using Adobe Premiere
- Producing enticing thumbnails in Photoshop

Daily Mail Scholarship Work Placement | September 2019

- Sourcing and researching story treatments suitable for the Mail.
- Attending press events, interviewing sources and producing copy independently, as well as collaborating with and assisting more senior reporters and the editorial team.

Work Experience and Paid Work BBC Radio 2 - Jeremy Vine Show | March 2019 - Present

- Talking to callers about a wide variety of subjects.
- Screening callers for any potential legal, ethical and regulatory problems.
- Assisting the production team on special outside broadcasts as well as running and guest managing

HOBBIES AND INTERESTS



- Football
- Hiking
- Skiing
- Travelling
- Documentaries
- Podcasts
- Long-form Journalism
- Cooking
- Eating out
- Movies
- Reading
- Going to the gym

VOLUNTEERING

- **Stem Cell Donor List-** Anthony Nolan
- **NCTJ Course Rep 2018**
- **Organiser and Captain- Priory CofE Charity Football Match 2015/2016-** Organised and captained the annual charity sixth form football team's for 2 years
- **School Ambassador to a visiting Ugandan School -** This role involved taking the visiting student and teachers out on a day trips.
- **Volunteer and member of CSR FM**
- **Feature writing- Medway Queen Preservation Society-** writing historical features for the bi-monthly members magazine

Host/Co-Creator/Producer 'NewsMunch' | 2017 - July 2019

- Co-created and host award winning entertainment radio show and podcast NewsMunch which has helped to develop my presenting and script writing skills. NewsMunch is available on iTunes and Spotify

Manager Elmas Cafe- Hemsedal, Norway | June 2018-September 2019

- Involved in all areas of the day to day running of the business
- Helped to ensure an excellent customer experience
- Dealing with customers in 2 different languages. 🇳🇴 🇬🇧

Broadcast Intern KMTV | May 2018 - June 2019

- Duties include vox popping, cutting and editing video using Final Cut Pro, helping the gallery with the transmission of live shows and presenting the 'Pick of the Papers' section of the Kent Tonight show.

Work Experience ITN | 2013 - 2015

- Shadowed crews as a Electronic News Gathering assistant and also worked as a sound recordist
- Assisted with the coverage the 2014 Andy Coulson trial
- In addition to this I also spent time on the ITV London and ITV Online desks as well as shadowing reporters and producers.

Social Media Intern- University of Kent Student Learning Advisory Service | September 2018 - May 2019

- Managing the service's 3 social media platforms
- Training staff in social media and analytics
- Conducting user research surveys and writing reports on the findings of said reports and presenting them to the team

ACHIEVEMENTS 🏆

- **2019 Daily Mail Centre for Journalism Scholarship**
Won after submitting an original journalism article suitable for publication for the Mail
- **2019 First Class Degree With Honours**
- **2019 KIC Awards- Best Entertainment**
'NewsMunch' won best entertainment for the second year running
- **2019 KIC Awards- Best speech**
'NewsMunch' was nominated in the best entertainment category
- **2018 Sky News Bob Friend Memorial Scholarship**
shortlisted after pitching an original story that could run across the whole Sky News platform.
- **2018 KIC Awards- Best Entertainment**
'NewsMunch' won on the best entertainment section
- **2018 KIC Awards Nomination- Best Host**
I was also nominated in the best host category for hosting 'NewsMunch'
- **Hemsedal Top 20 challenge Diploma**
Hiked Hemsedal's top 20 mountains in a single season