

SPRING ACTIVITIES FOR KIDS

Here are some fun activities to do with your children during the springtime!

Spring Activities for Kids

Spring is the time of changing weather and blooming gardens - it also marks warmer days for outdoor play and ushers in long sunny afternoons filled with activities of exploration and creation for your little ones. This season is a great time of year to get your little ones into the garden for some learning through play.

Here are some <u>activities for kids</u> that are perfect for springtime:

A world of textures

The world is a boundless landscape of textures and colours that fascinate and captivate children. A fun spring activity that utilises all the incredible textures and colours of the season is the "Dress to Impress" game.

The "Dress to Impress" exploration game uses a printable template of a <u>dress</u>or <u>shirt</u>showing different types of clothing (much like a paper doll). The clothing section of your figure is cut out to reveal a blank canvas that your little ones can fill with different colours and textures from around the garden. Turn the flowerbed into a floral print or a patch of grass into a graphic design - the options are endless, and the exploration will be as much fun. Not to mention the template can be topped with a picture of your little one for added intrigue and relatability.

What you need:

- Paints, markers and glitter to decorate the page or draw a face ۲
- Printable template ۲
- A pair of scissors ۲
- A picture of your little one*optional

What to do:

- Print the silhouette from the template provided or design your own template here you can • get creative by designing a ball gown or set of dungarees.
- Cutout the area as indicated in the template. •
- Let your child decorate the page and place their picture over the head of the design or let ۲ them draw their face onto the head.
- Head outside to explore all the beautiful textures and designs for your clothing. Check out the • amazing prints your garden has to offer such as leaves, grass, sand, rocks, flowers, paving stones, pebbles, bricks, mud, water, and even walls or garden fixtures.

Enjoy watching a tiny section of tree bark engross your child for ages, broaden their understanding of the world, and encourage creative expression.

Grow your own cress heads



These little sprouts are so much fun to grow and are perfect to start on a day when the weather is sunny, to get your little ones out into the garden. This activity also comes with two central learning points. It teaches children about upcycling – using materials such as eggshells, egg boxes, or yoghurt cups to serve a new, interesting purpose. It also teaches kids about growing and caring for plants.

Cress heads are simple and quick to plant and are ideal for moms who are looking to teach their little ones all about responsibility while still having fun in the process. Cress grows incredibly quickly, so your kids will have a family of cress heads on their windowsill in approximately 7-10 days.

What you need:

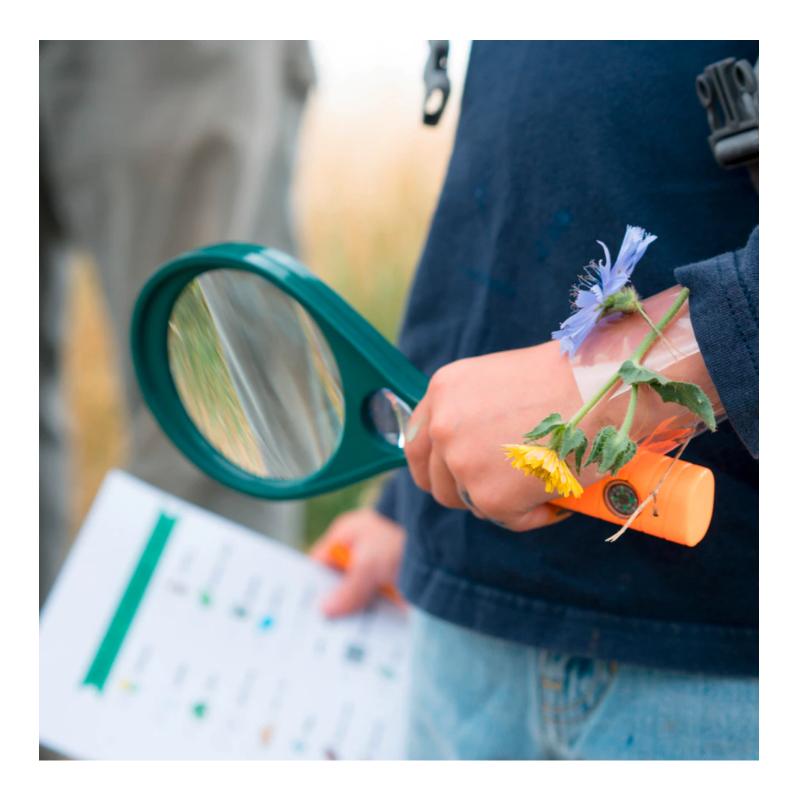
- A pack of cress seed (available from the garden centre and some supermarkets) •
- Empty yoghurt pots, egg cartons or halved eggshells ۲
- Kitchen roll ۲
- Cotton wool ۲
- Paints, markers and glitter to decorate the heads ۲

What to do:

- Decorate and add various features to your cress head pot or eggshell before you plant the • seeds, maybe basing it on yourself or a family member.
- Wet some kitchen roll and gently place it in the bottom of your head, then add some wet • cotton wool and place on top of the kitchen roll. Leave a 3 cm gap between the cotton wool and the top of the eggshell or pot.
- Add a teaspoon of cress seeds onto the wet cotton wool, and press down gently with your • finger.
- Place the heads in a warm place, exposed to sunlight and wait for your seeds to grow into ٠ tiny, delicious bushes of cress!

One of the greatest parts about growing these little cress seeds is they germinate quicklyencourage your little ones to take note of the germinating seeds, teaching them about the process. It's also enthralling to give your cress people a haircut when you want to use the sprouts.

Go on a scavenger hunt



The garden is a dreamworld in spring, with greening and blossoming gardens, and birds, animals and insects emerging from their winter hideouts. A scavenger hunt is a fantastic way to encourage your kids to explore the outdoors this spring. Create a list of clues that lead them to a variety of hidden items and give it to your children with a bag or box.

To make this activity interesting and fun, ensure that you add variety to your hiding places challenge your little ones with more complicated clues that require teamwork, a puzzle or a math sum. Give them an hour or two to start and complete the hunt! Choose attractive prizes such as tickets to a new kids' movie or a trip to get a dipped soft-serve ice cream cone.

Most importantly, encourage your little ones to get their hands dirty when searching for their clues!

Things you'll need:

- A shoebox or shopping bag to collect all your treasures. ٠
- Pens, pencils and glue(or even crayons) for the creative part of the scavenger hunt and to ۲ mark off tasks you have completed.
- A stopwatch with an alarm setting to announce the start and finish of the hunt. •
- An exam pad or scrap paper to provide the base for your unconventional art piece. •
- Matchboxes to hold any small items. ۲
- A prize or two.

Here are a few clue ideas for you to include in your scavenger hunt to create excitement and intrigue.

- Collect and create the following:
- Something that has fallen out of a tree (leaves don't count) •
- Something that moves faster than a snail. •
- Something white. •
- An object beginning with the letter 'S.' ٠
- Something that can make a noise when shaken.
- Something that's very soft. ۲
- Three different types of leaves. ٠
- Collect art supplies from the garden to help you complete a later task items such as sand, ۲ rocks and pebbles, bark, flowers and seeds are perfect.
- A diamond-shaped object. •
- Encourage your kids to finish the hunt and collect a surprise treat! Add a prize for the best ۲ self-portraits or for the best use of interesting art supplies.
- Create a picture using some of the art supplies that you collected in the garden.



This activity is ideal for busy moms who are looking for constructive and fun activities that are sure to keep their children smiling and busy for hours on end.

Spring days filled with outdoor activities is a great way for your little ones to learn. They can learn through play and what better type of play than messy play. Luckily, there is no reason to fear any smudges or stains as OMO laundry detergents will ensure that your laundry looks as good as new! If you have discovered the wonderful world of the messy play through one of our activities for kids feel free to tag us in your pictures or posts on Facebook.





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