

Representation in Health Care Matters



To better connect with patients and families, Hazel Health providers – Doctors, Therapists, Physician Associates, Nurse Practitioners, and the Family Support Team – reflect the communities they serve.

The better a patient is represented and understood, the better they can be treated, and the more likely they are to experience positive health outcomes.

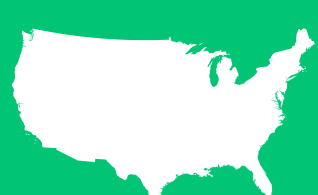
Diversity takes many forms

- Gender & gender identity
- Race
- Sexual orientation
- Culture
- Ethnicity
- Religion
- Physical ability



Diversity is the essential ingredient to deliver culturally competent care

Cultural awareness + knowledge + sensitivity → cultural competence



In the United States

20%

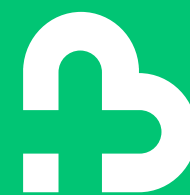
of mental health professionals identify as Persons of Color (PoC)

6%

of physicians identify as Hispanic, although 19% of the US population identifies as Hispanic

25%

of Advanced Practice Providers (NPs, PAs) identify as persons of color



at Hazel

>50%

of Hazel providers identify as Persons of Color (PoC)

>40%

of Hazel providers are bilingual. Hazel providers speak a variety of languages including Spanish, Haitian Creole, Vietnamese, Gujarati, Armenian, Croatian and French

8 years

The average amount of experience among Hazel providers

Hazel providers address many challenges

- Anxiety
- Depression
- Headache
- Grief/loss
- Abdominal pain
- Nasal congestion
- Cough
- Adjustment
- Sore throat
- Minor injuries
- Bullying
- Attention deficit
- Family issues
- Relationships
- Stomach Ache
- Asthma

and many more



Dr. Rina Shah
(she/her/hers)
Hazel Health
Pediatrician

“A family can look to me and see that my background reflects where they come from. I’m a child of immigrants and I can really empathize with the feeling of having a cultural barrier, whether it’s language, education, or just discomfort with asking questions.”



Marie-Claire Timothee
(she/her/hers)
Hazel Health
Physician Associate

“When we’re sick, we’re at our most vulnerable state. It is essential to be able to **connect with someone who looks like us**, someone who talks like us, and someone who **understands us**.”

Hazel providers have diverse expertise

Foster Youth, Immigration, Race, LGBTQ+, Abuse, Violence and Trauma, Self Harm, Domestic Violence, Attachment Disorders, Military Families, Body Image, Transgender Health, Grief, Divorce and Separation, and others

Representation improves patient outcomes

- Increased patient and family comfort levels
- Enhanced patient understanding
- Increased patient trust
- Higher patient retention
- Improved communication between the provider and patient
- Reduced health disparities
- Increased patient engagement



To learn more about Hazel, visit hazel.co.