

Best Relaxing Vape

The science behind the benefits of CBD oil is still very much in its infancy, however one of the most commonly promoted (and anecdotally related) is its effect on depression.

Research has shown that the best CBD oil for depression causes the brain receptor H-5T1A, responsible for releasing serotonin, to fire more effectively.

Using CBD oil for depression also interacts with the hippocampus, or the small part of the brain that controls the limbic system.

But we sure as hell aren't scientists, we're vapers - how relaxing is it?

The answer: Very. CBD may be new, and it's relationship with THC may give it a bad name (though the government seems to have changed it's mind on that particular strain as well). Though it comes from the same plant, CBD is not about getting high; it's purely relaxing, and has proven benefits for arthritis, other pain and stress.

And, of course, it's in vape form. But with such a new science and ripe for exploitation, which really offers the ultimate in relaxation? Based on our own sampling, we think we've found what we think are the best out there.

Sierra CBD Vape Juice

With rich, pronounced notes of tobacco and a taste that's justly effective and surprising, this relaxing vape juice from Direct Vapor is easily one of the most relaxing on the market. One of our friends recently lost a dog, and he's having a tough time. We can't say CBD does wonders for mental health, but this one certainly made coping with loss somewhat easier.

[Pacha Mama Grape Berry CBD E-Juice](#)

Nothing fancy here, but sometimes simplicity is the classiest move. If you want a nice, easy blend of grape and strawberry flavor to ease the harsher tones of tobacco and CBD, then this is ideal. This e-juice from Direct Vapor provides all the benefits of CBD oil, while offering a gentle flavor to reduce any throat burn you might otherwise get.

[FUNKY FARMS CBD VAPE JUICE](#)

Funky Farms, available from Central Vapors, can be enjoyed in two distinct flavors, so we sampled both: Peach Tangie and Apple Jack Pear.

Peach Tangie brought about memories of the finest peach and all the watery tropical delight that comes with it, relaxing enough on it's own without the added kick of CBD.

Apple Jack Pear was the clear winner, the sharp tang of cider mixing nicely with the more mellow effects of the plant.

[TAKUMI CBD VAPE JUICE](#)

Refreshing scents of the East accompany this extremely potent and relaxing e-juice from Vapordna. A mix of strawberry, kiwi and lychee are the key aromas unlocked with every inhale.

[Apple Cinnamon Muffin CBD E-Juice](#)

Of course they've mixed the flavor of an apple cinnamon baked good with the wonders of a plant related to THC – what better to accompany a relaxing toke of CBD than something you'd crave during a munchies-inspired frenzy? And this e-juice from Vapordna doesn't disappoint, filling your senses with ripe apple and sweet, sugary cinnamon.