# How Long Does Suboxone Stay in Your System?

## **Understanding Suboxone**

<u>Suboxone is a medicine</u> that helps with the symptoms of opiate withdrawal, including difficulty sleeping, anxiety, agitation, depression, and cravings. It also treats pain that does not respond to other treatments, such as chronic back pain.

#### What is suboxone?

Suboxone is a medicine that contains naloxone. It comes in a sublingual form and is used to help with opiate withdrawal symptoms and pain.

### What is suboxone prescribed for?

If you are suffering from opiate withdrawal symptoms, suboxone is prescribed to lessen your symptoms. In addition, it is often used to treat pain that does not respond to other treatments, such as chronic back and joint pain.

#### How does Suboxone work?

Suboxone is a partial opiate agonist that helps to eliminate cravings and withdrawal symptoms. It also decreases pain by working on specific receptors in the nervous system. The side effect of suboxone is it can make you feel sleepy.

#### What is the half-life of suboxone?

The half-life of suboxone is around 24 hours.

#### Is suboxone addictive?

Suboxone is usually not considered addictive. But if you are taking too much suboxone, you could experience withdrawal symptoms or cravings. If you have trouble sleeping, your doctor may suggest a dose reduction.

## How Long Does Suboxone Stay in Your System?

Suboxone has <u>a relatively short elimination half-life</u> of around 24 hours. This means that it's rapidly eliminated from your body. If you're taking suboxone to help with opiate withdrawal symptoms, it should be completely metabolized within 10 to 15 days after you stop taking it.

How Long Does Suboxone Stay in Your Saliva?

Suboxone stays in your saliva for up to 2 days after taking it.

How Long Does Suboxone Stay in Your Urine?

Suboxone stays in your urine for up to 2 days after you take it.

How Long Does Suboxone Stay in Your Blood System?

Tests can detect suboxone in your blood for up to 2 days.

How Long Does Suboxone Stay in Your Hair?

Suboxone can stay in your hair for up to 90 days after you take it.

## Factors That Affect How Long Suboxone Stay in Your System

Many factors can affect how long suboxone stays in your system. However, it is important to remember that many of these factors are only relevant to those taking them for pain management.

### Frequency of Suboxone Use

The frequency of your use can affect how long suboxone stays in your system. If you use suboxone more regularly, you may develop a tolerance. Tolerance means that your body will be used to the effects of suboxone, and you will need more to achieve the same effect.

## Dosage

The dosage of suboxone that you take also affects how long it stays in your system. A higher dosage will mean more of the active ingredients are circulating within your body.

#### Liver health

Your liver health can also affect how long suboxone stays in your system. This is because your liver metabolizes suboxone. So the healthier your liver, the quicker your body will eliminate the suboxone.

## Age

Your age can also affect how long suboxone stays in your system. As you get older, your metabolism slows down, so it takes longer for your body to eliminate medicine from your system.

### Metabolism speed

Metabolism speed can also affect the elimination of suboxone. The faster your metabolism, the quicker your body will process suboxone.

### Weight

The weight of your body can affect how long suboxone stays in your system. For example, if you are overweight, it will take longer for suboxone to metabolize and for your body to eliminate the medicine.

### Combining with other substances

Some medicines, such as testosterone, can speed up the metabolism of suboxone. This means that if you take a mixture of different medicines, it may take longer for your body to process them.

### Suboxone Withdrawal and Side Effects

After taking suboxone for an extended period, <u>withdrawal symptoms can occur</u>. You should consult your doctor if you experience a number of these effects or they are particularly severe.

## How long is suboxone withdrawal?

Suboxone withdrawal symptoms are relatively short. They can last anywhere between 10 to 15 days. However, it is not uncommon for withdrawal symptoms to last longer than this.

#### Suboxone withdrawal timeline

The timeline of suboxone withdrawal is as follows:

Days 1-2 – Withdrawal symptoms are felt. These include nausea, vomiting, sweating, anxiety, and agitation.

Days 3–5 – Withdrawal symptoms continue. You may experience flu-like symptoms, headaches, pains, and aches.

Days 5-10 – Some of the withdrawal symptoms will begin to subside. You may also begin to feel more like yourself.

## Suboxone withdrawal symptoms

Suboxone withdrawal symptoms include the following:

#### Nausea

These symptoms start to increase over the first few days of stopping suboxone. You may feel nauseous when you wake up in the morning.

#### Vomiting

You may want to vomit after taking suboxone. You may even vomit if you are simply eating fatty foods.

#### Sweating

Sweating is a common side effect of suboxone withdrawal. It seems to be more prevalent in those who have high blood pressure.

#### Suboxone side effects

#### Pain

You may experience muscle pain, joint pain, or general body aches.

#### Sleeplessness

Many people find that they have trouble sleeping when they stop suboxone.

#### Anxiety

More often than not, you will experience mild to moderate anxiety when experiencing suboxone withdrawal.

#### Sleep disturbances

Many people experience disturbed sleep when they first stop suboxone. As a result, they may have difficulty falling asleep and may wake up frequently at night.

## Suboxone Addiction Treatment Options

A suboxone treatment program is often recommended after you have completed a course of suboxone to help you with opiate withdrawal symptoms.

## Treatment Programs at Concise Recovery

Concise Recovery provides treatment for suboxone addiction. Contact us today to find out more about our programs and services.

#### Suboxone detox

Suboxone detox is a process that helps you detoxify from suboxone. People can carry it out in a hospital or a drug rehab facility. The length of this detox process will vary from person to person, because of the unique factors behind each individual's addiction.

## Suboxone inpatient treatment

Doctors will usually recommend suboxone inpatient treatment if you are suffering from a severe addiction to suboxone. Thankfully, inpatient treatment can be made to fit your schedule.

### Suboxone outpatient treatment

Suboxone outpatient treatment can be carried out at certain facilities. Some of the provided services include weekly group counseling sessions, individual therapy sessions, and regular drug testing.

### Getting help!

If you are addicted to Suboxone and want to get the help you need, we can help. Contact us today; <u>Concise Recovery</u> offers an array of treatment programs designed to help those in need overcome their everyday struggles with addiction.