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'The Innocents' Review: Growing Up Is Hard Enough, But Powers Can Make Things More **Complicated**

Posted by Murjani Rawls | May 12, 2022 | Film, Film Reviews, Reviews | 0 ● | ★★★★



At a point and time during our childhoods, we wondered how it would be to have a superpower. We played with our friends, specifying which we had and the parameters everyone could operate within. Man, it was fun to pretend to fly or move things with your mind — it was all so innocent. But superpowers are subject to being molded by various aspects of human emotion. In cinema, we've been provided many instances of how this can manifest in films like *Chronicle* or the MCU/DCEU. Director Eskil Vogt places that view through the eyes of children in *The Innocents*, a slow-building horror film where pre-teen kids investigate aspects of self-discovery, nihilism, innocence, and the corrupting force of power in the wrong hands.

You're probably saying to yourself, how can kids exhibit these emotions that are considered adult

in nature? Vogt places the audience in a world where children operate, which is often a blind spot

to the caretakers they live with. We meet sisters Ida (Rakel Lenora Fløttum) and Anna (Alva Brynsmo Ramstad), who move to an apartment complex as their dad gets a new job. There, they meet Ben (Sam Ashraf) and Aisha (Mina Yasmin Bremseth Asheim), two other kids who enjoy the freedom of a place that's not so densely populated during the summer. Anna is autistic, which ends up with Ida taking her outside to the playground daily. Vogt introduces us to hints of incidental darkness right from the beginning that some may brush aside. Ida steps on worms; she doesn't think Anna can understand anything, and has anxiety

about the move. When she hangs out with Ben, they find out they have powers. Ben uses

telekinesis to move (or hurl) objects, Aisha sees and feels other people's pain, and Anna can

manipulate gravity around her. Ida's abilities become more evident as the film goes on — but each

kid isn't handed these abilities through a spell or a crystal — they are a part of who they are. With

that comes an excitement of wanting to expand quickly without thinking about the risk vs. reward.

After all, these four kids aren't endowed with a thoroughly developed sense of right and wrong. These powers are at the mercy of the swift changes of emotion that a child can have — which could be terrifying, especially if home situations don't cultivate a nurturing home base. The *Innocents* takes its time to reveal its subtle horror aspects, like its central narrative. Cinematographer Sturla Brandth Grøvlen interjects surrealist imagery, particularly with Aisha and how she views the world, to show a darker undercurrent. The scariest part of *The Innocents* is not necessarily what we would typically classify as a "horror" film — it's what can happen when someone with an underdeveloped sense of empathy can do with an arsenal of upgraded

attributes at their disposal that should keep you up at night.

There are swaths of animal cruelty and quick decisions to injure others. As these situations pile up, the viewer will have an internal struggle within themselves because of the naivete being young comes with. The stellar acting of the cast enhances all the fast-growing up lessons these four characters are going through. Vogt enables the ensemble to be themselves while dabbling into existential questions people older than them are still investigating. The Innocents has a less is more approach to dealing with backstories or previous relationships that lead us to the current day. It can be a source of frustration for some, but maybe enough through small conversations and visual cues for one to deduce why a particular character has a shaky past with another.

Innocents provides an interesting lesson for everybody to see — young or old alike. **Photo Credit: IFC Midnight**

Growing up is hard, especially when you have to figure out life's lessons on your own devices. The



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